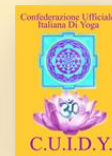
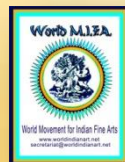


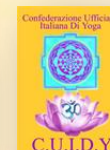
The Woman

The role of Women in the today's Society

by MM. Y. Pt. Emy Blesio
(GayatriDevi)



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THE WOMAN

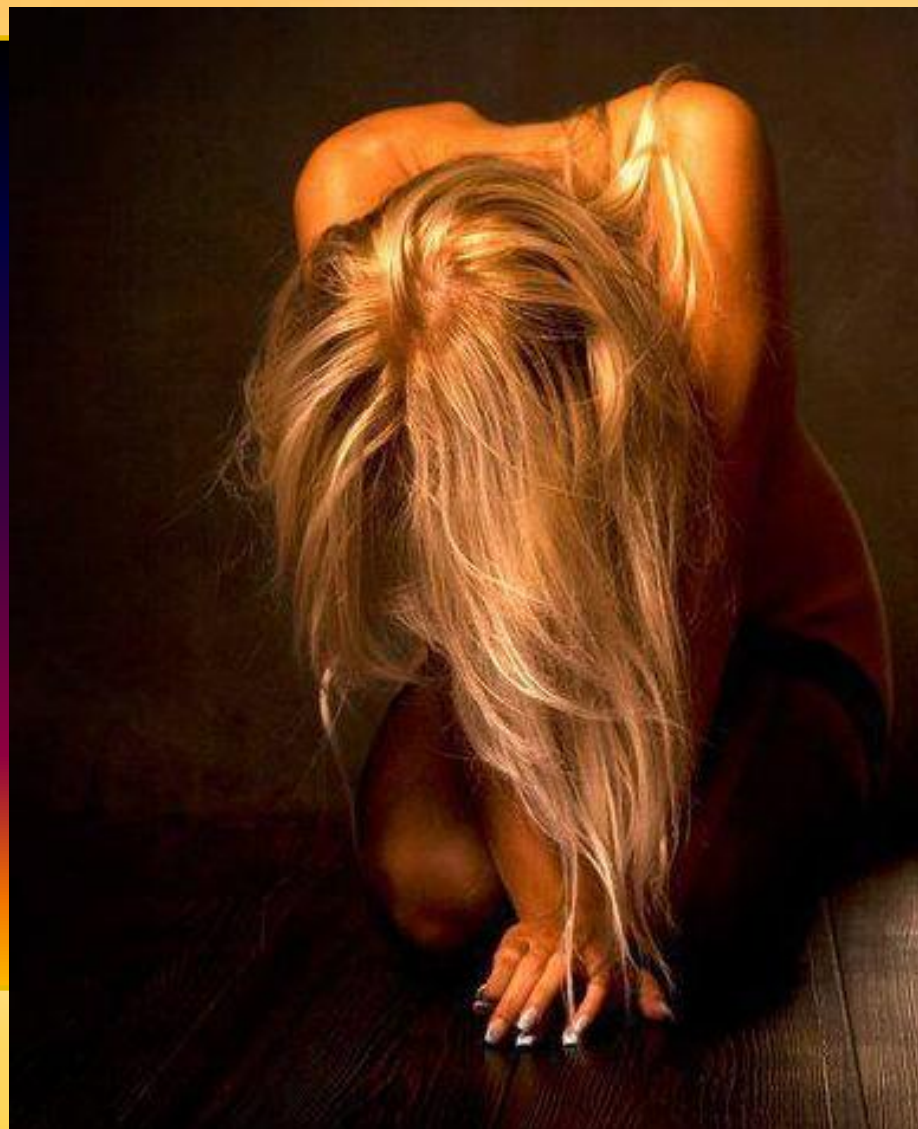


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This year, I wish to propose a speech on a topic that it seems out of context, but I think it is a duty with regard to the commitment, ethics and the knowledge that only yoga and deep spirituality of Sanaatana Dharma can donate.

Prior to being a teacher of Yoga I am a woman. And a woman who has had the honor of being appointed as president of three organizations that deal with Yoga, once a predominance of the male gender, but that now, especially in the Western Countries it longer belongs to the woman.

A woman who is still the subject of man's violence. The problem that seemed specific to the West, instead of decreasing it seems to expand more and more. Strangely, it seems even a pandemic that is spreading around the world also in the one said Eastern World.



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In fact, before this it was equally present, hidden between the walls of houses or monasteries, but nowadays the violence that is perpetrated on a woman, it seems almost a source of pride.

Therefore I think it's time to put a stop to a practice that does not honor the Homo Sapiens Sapiens and even less those who are on the path of spirituality.

Yoga Teachers who with airiness allow themselves to attract, or even worse, to use their positions to take pleasure in dirty relationships with their students.
So the topic of my speech is the

WOMAN



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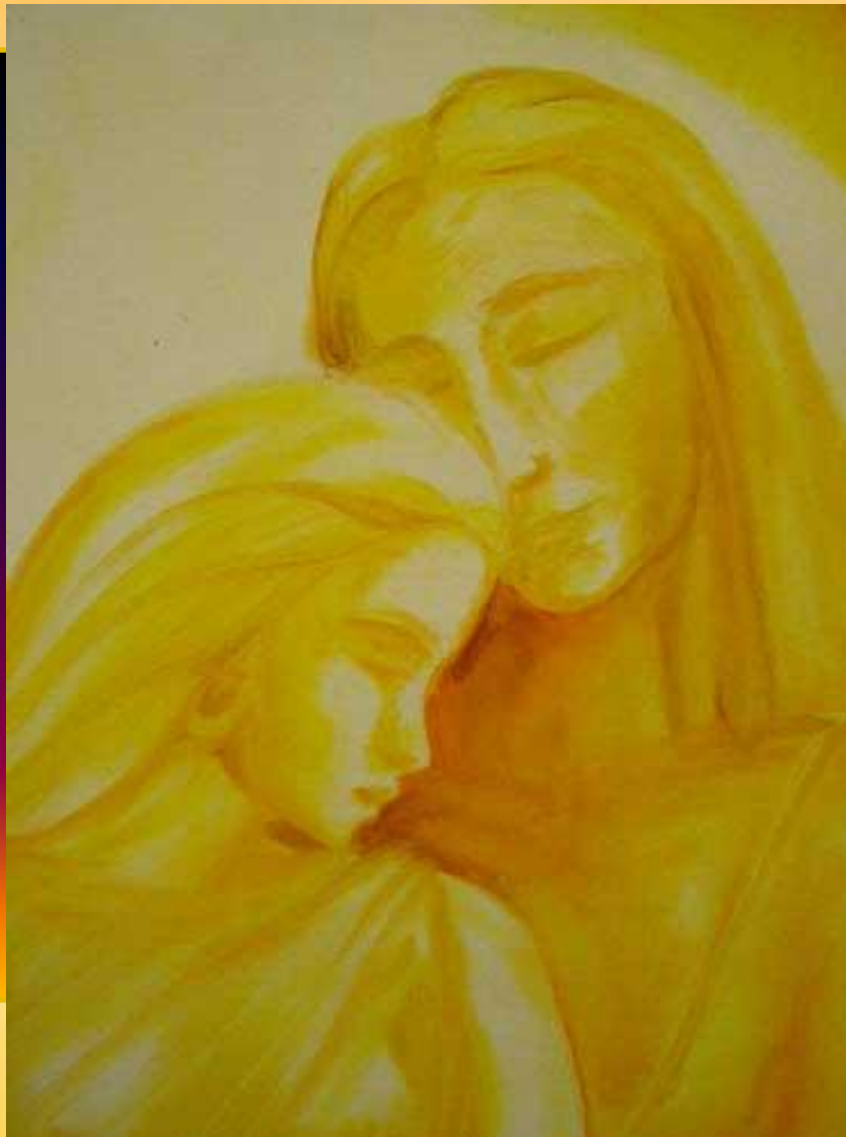
**Let's see what William Shakespeare said about women:
"The world would be imperfect without the presence of
the woman.**

**The woman came out of man's rib, not from the feet to
be trampled on, not from his head to be superior but
from the side to be equal, under the arm to be
protected, next to the heart to be loved."**

**Intelligently Shakespeare said a great truth: you can not
be a couple if one has to carry on their shoulders the
other.**

**Quite soon 'the one who lies beneath, who carry on the
other, begins to feel the weight, and he or she gives a
good shake and throws the partner down.**

**It would be different if you were walking side by side,
with respect and love. It could be a long walk together
if you use respect, esteem and love.**



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**Denis Diderot was very gentle and poetic, and said:
"When you write about women you need to dip the pen
into the rainbow and to dry the page with the powder
of butterfly wings."**

**This preliminary allows me to talk about this sensitive
topic.**



Nowadays women are not perfectly in their role. The position of women in the society, and, particularly, in relation to man, has had over the millennia many facets.

And now there seems to be a semblance of equality but is fictitious.

Constraints of a much too close past, are too deeply rooted. Women find themselves suspended between the real self consciousness and the conditioning of a society that wants women adhering to the idea that this society has made of them.

It is a situation of great confusion.

The messages of the media paint a picture of the female stereotype and out of the reality, and the woman while is trying to imitate these stereotypes built for the needs of market, is losing her essence.

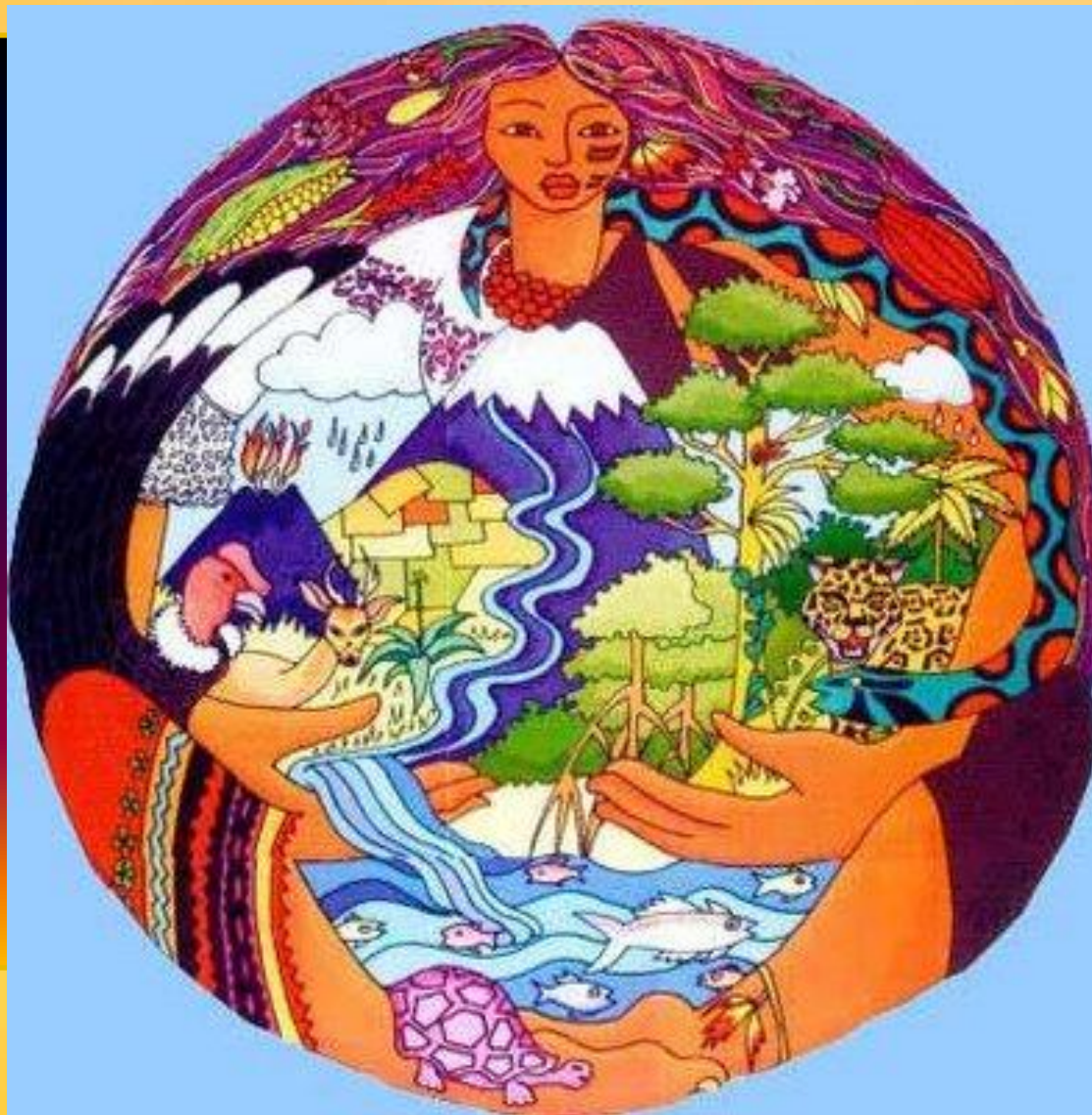


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At the dawn of civilization, the woman has had a great importance and in fact there was a kind of matriarchal social system.

The population engaged in agriculture knew the value and sacredness of the feminine and had a very deep concept of the Mother bearer of life, beginning with the Mother Earth that nourished from birth to old age, supporting the weight of their footsteps, and welcomed them maternal in her womb at the time of the final step.

Over the time, the power of the woman, Mother, Goddess, Shakti, Energy was considered a threat by the male, and in the thousands of years, for fear of this great feminine energy, man has always tried to diminish her importance going so far as to convince the woman to be a by-product of Nature.



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To the point that the mothers themselves educate their sons with much more care than they do with females. In some tribal societies, the woman is even suppressed at birth considering her a burden and not a value. Forgetting that, without the female, life and future for our planet cannot exist.

In some places the feminine side is denied implementing the horrible practice of infibulation. It is practiced by women themselves who have received the same oppression.

In other parts of the world, where the male power is disguised under religion it constricts women under layers of cloth that force them to inhale their own carbon dioxide causing a lack of oxygen in the lungs, blood and brain.



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So as not "to tempt" men themselves who do not have enough self-control to resist those temptations.

They instead of reinforcing their own will decide that it is more and more comfortable to cover the cause of this temptation: women.

The alibi is to protect femaleness ... from their uncontrolled masculinity.

The reason is clear: the man who cannot control his impulses, rather than work on himself to improve and grow its self control the woman and try to convince her that is "for her own good" she has to hide herself at men lustful and uncontrolled eyes.

The worst is that women are self-convinced, or convinced by the man - who is so good at make women to believe that they want to create these restrictions:



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wanting to be buried under heavy layers of cloth, which in addition to the already mentioned problems, do not allow a proper breathing, and that sort of mosquito net at eye level, to prevent her in bumping into any pile, does not even allow her to enjoy the splendor of nature: while - the nature - surely shows itself without veils.

These methods of repression, in the long run, have provoked a rebellion in the woman that is leading herself to an extreme opposite point, making her to forget her wonderful feature.

In search of her identity, she risks to missing it... trying to look like a man.

And here you are the woman also becomes a soldier, going to war, in the abasement of her own nature.



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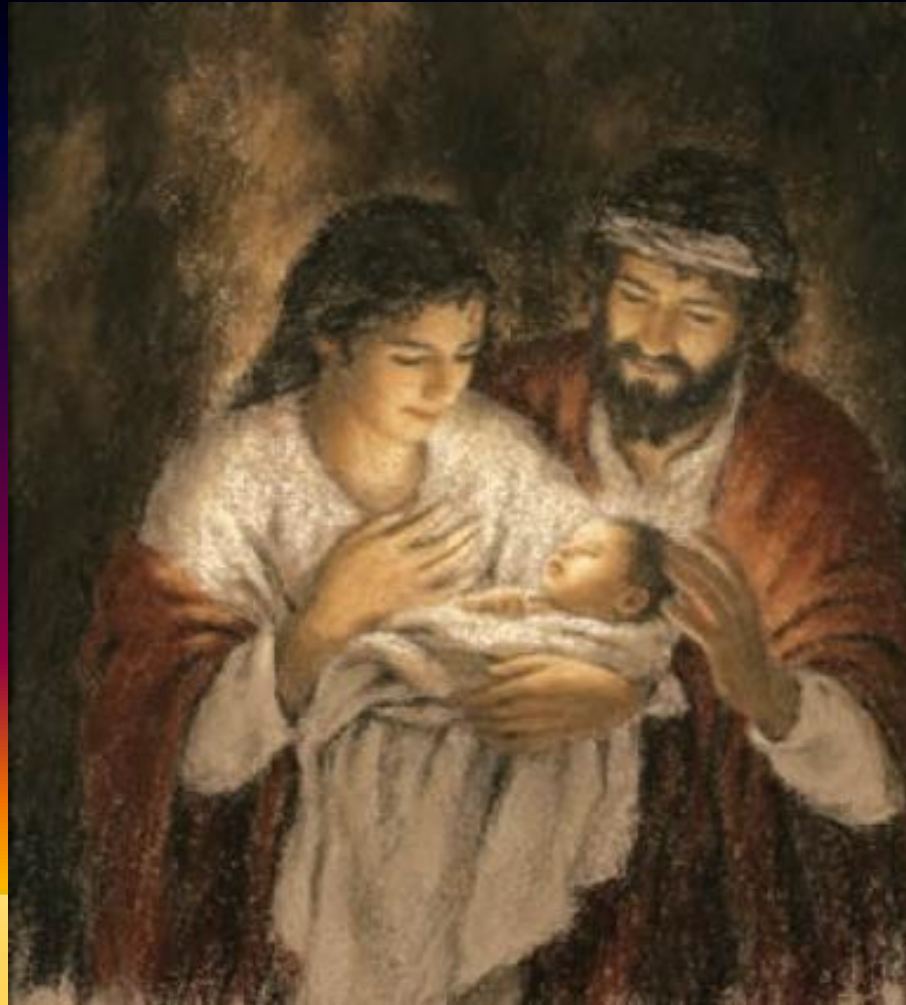
The woman, born to give Life, finds herself committed to destroy Life.

I do not want to demonize women Truckers or soldiers or fighters, it is their choice, but... it is important that these choices must not be influenced by "wanting to be men".

I quote a phrase from a film of a career woman who, in the end, resize the whole thing, saying: "Try to be a man means wasting a woman" ...

That's right: the woman is wasted.

It is because of this mistake of connotation that, today, the family is in crisis, and even the youth is confused. As though the man is not very convinced, the woman's role is to maintain with consciousness the union, the peace, the family, bringing up children aware of, and the man's role is to enable the woman to perform her



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duties, to respect, to support, and to protect her not to subdue or take the joy of being a woman from her.

The lack of this "spiritual care" backfires the man who feel himself useless without his primary task: the protection of species and consequently the family. For this reason, Life has given so much physical strength to man, in order to protect the sacredness of the woman. On the contrary man is using his physical strength to crush, subjugate, rape and even murder ... (as it is occurring in these dark times) the person who is supposed to protect.

Everyone has its own role, and all of the roles are important: from bee to human being, from flower to stone, from the planet to the galaxy. Everything has its own meaning of existence in the harmony of Creation, the All that is One, the Infinite.



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If we think of being part of an infinite universe. ... and if the universe is really infinite, who can be said to be higher or lower? what are the parameters to say that? You cannot say it.

Sometimes the woman does not realize how important is, her sacredness, her energy. Neither man is conscious.

It will be years before the tamed brain wakes up.

Well my message for WOMEN is: Be proud to be a woman, to be Energy, to be female, to be Shakti, and, if nature wants it even to be Mother since the Divine granted the woman a part of his or her power, that of Creation.

And my message for MEN is preserve the life and be happy in your job: Respect and protect woman, Mother because the Principle, Energy, Nature, Purusha and



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Prakriti (call it as you like) has given you the physical strength , the courage and the capacity for this important and challenging role.

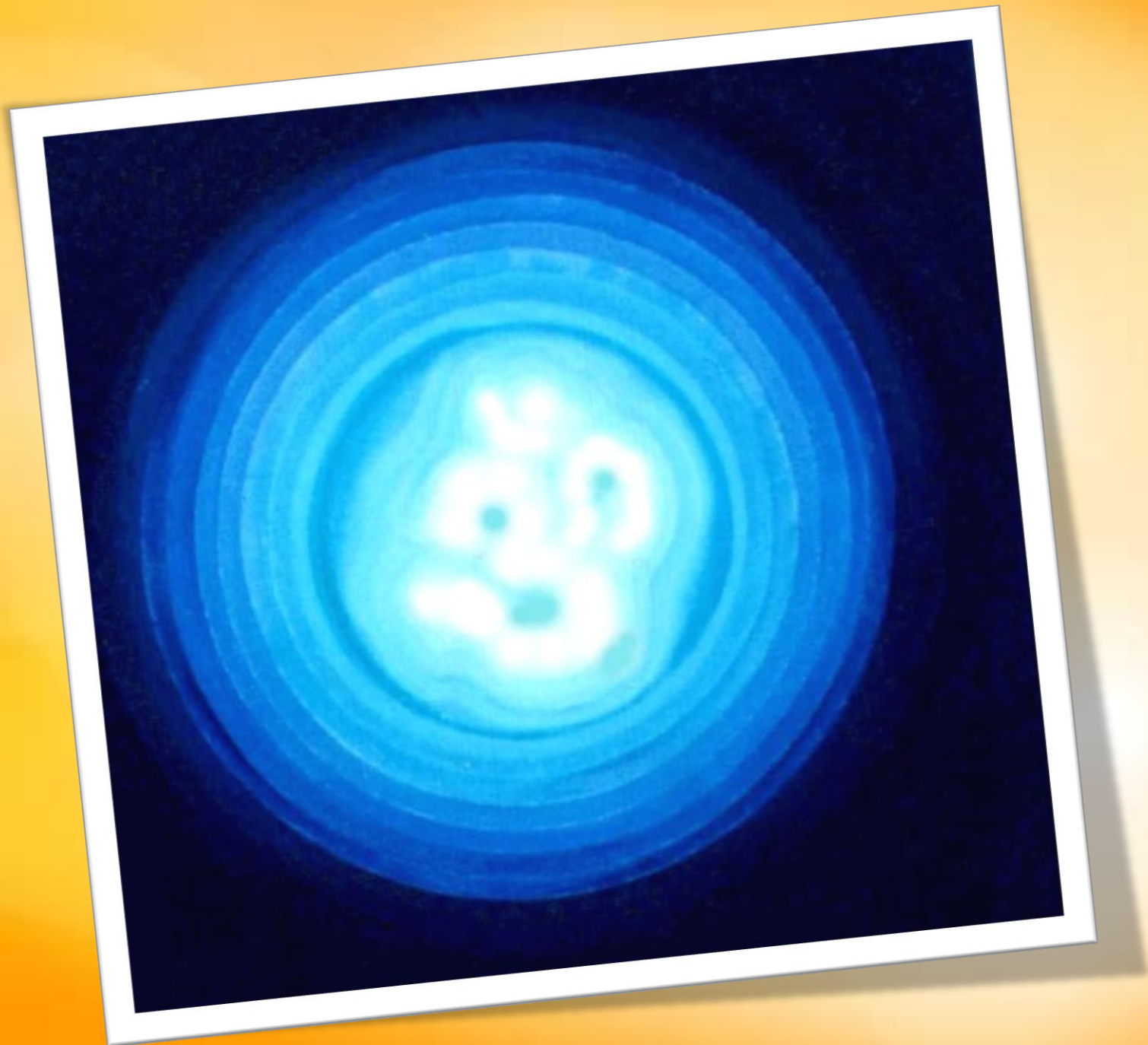
To respect the Mother who gives life is to respect life itself.

*Ya Devi Sarve Bhuteshu, Shakti rupena
Sansthitha, Namastasyei Namashtasyei,
Namastasyei Namah
Shanti shanti shantih*

Hari Om



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भूर्भुवः स्वः
तत्सवितुर्वरेण्यं
भर्गो देवस्य धीमहि
धियो यो नः प्रचोदयात् ॥

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