





# YOG VIDYA JAGRITI ABHIYAN-INTERNATIONAL HOLISTIC HEALTH MOVEMENT

Programme of

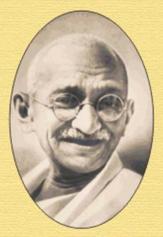
# YOG CONFEDERATION OF INDIA

Affiliated to International Yog Confederation, World Movement for Yoga and Ayurveda and The World Community of Indian Culture and Traditional Diciplines, Italy In association with

# North-Eastern Council, Ministry of DoNER, Govt. of India

Supported by

CCRYN, Deptt. of AYUSH, Ministry of Health & Family Welfare, Govt. of India, Ministry of Youth Affairs & Sports, Govt. of India, The Global Open University, Nagaland, World Religious Parliament, Universal Sanatan Dharm Foundation, Women International Network



Installation of Statue of Mahatama Gandhiji in Torino, Italy



# MITICA INDIA

25-26-27-28 March, 2010 - Carara, Italy

INTERNATIONAL FESTIVAL **DEDICATED TO INDIA** 

CONGRESS INTERNATIONAL

YOGA & AYURVEDA

MEETING TECHNOLOGY TOURISM TRADE

CARRARAITALIAINDIA

WORLD YOG CHAMPIONSHIP 2010

INTERNATIONAL WOMEN EXCELLENCE AWARD-2010



# Patanjali Week Celebration

(International Festival of Yog, Ayurved and Indian Traditional Systems)

Bhopal, India

29th Oct. - 7th Nov. 2010





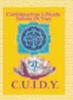




















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# YOG CONFEDERATION OF INDIA



# **VISION**

To develop & nurture Yog, Ayurved and Indian Traditional Systems as a mass movement in India & Overseas.

#### MISSION

- To organise State, National & International Seminars, Conferences and Championships for Yog and related subjects.
- To conduct coaching, training & refresher courses and programmes for the promotion of Yog and its related fields.
- To establish, run and patronise centers, Gurukuls, Institutes, University etc. of Yog, Ayurved and related fields.
- To establish and support Centers to provide facilities for research in Yog, Ayurved and its related fields on scientific basis.
- To collect, compile and publish relevant documents/papers on Yog, Ayurved and its related fields.
- To introduce Yog, Ayurved and Indian Traditional System in the Education Curriculum and Educational Institutions.
- To spread Yog, Ayurved & Indian Traditional Sytems and its related fields upto Panchayat level in our country and entire world.

#### **VIJAY TIWARI**

Secretary General, International Yog Confederation (IYC)
General Secretary, Yog Confederation of India (YCI)
General Co-ordinator, The World Community of Indian Culture & Traditional Disciplines, Italy
General Co-ordinator, World Movement for Yoga and Ayurveda
Chairman, India Nirman Kendra (INK)
Advisor, The Global Open University, Nagaland
National Coordinator, RBH, MoPR, GOI
Advisor, Women International Network (WIN)
Director, A.V.K Consultants Pvt. Ltd.
www.theworldcommunity.com, www.internationalyogconfederation.com,
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9th January, 2010

Yog Confederation of India (YCI) is thankful to all the people who have contributed and supported its movement since its inception in 1994. YCI under the kind patronage and guidance of Shri Yashovardhan Azad, IPS, Advisor, YCI has presently spread to more than 100 countries across the globe in collaboration with International Yog Confederation, World Movement for Yoga and Ayurveda, The World Community of Indian Culture and Traditional Disciplines, Italy. Her Holiness Mahamandaleshwar Gayatri Devi (Emy Blesio), President, International Yog Confederation (IYC) has been kind enough to support YCI to spread Internationally.

"Yog Vidya Jagriti Abhiyan-International Holistic Health Movement" a program of YCI in association with North-Eastern Council, Ministry of DoNER, Govt. of India was initiated by Dr. Kamal Taori (Retd. IAS), former Secretary to Govt. of India on 14th February, 2005 from Shillong while he was Secretary, NEC, GOI. This movement is presently being supported by many National & International organisations and Departments of Govt. of India.

YCI has been regularly organising national and international programs, seminars, conferences, championships etc.. for past many years. YCI in association with International Yog Confederation, World Movement for Yoga and Ayurveda, The World Community of Indian Culture and Traditional Disciplines, Italy organises 'India Festival' in Italy every year. Thousands of people from across the world participate in this mega event. Festival mainly focuses on Yog, Ayurved, Indian Traditional Systems including Music, Theatre, Dances, Martial Arts etc. We had organised our last festival in Torino, Italy on 2-3-4 October, 2009 which was inaugurated by Mayor of Grugliasco, Italy in the august presence of officials of Indian Embassy and thousands of representatives from various countries. YCI also supports many other programmes nationally and internationally. Statue of the Father of Nation Mahatama Gandhiji was also installed in Grugliasco, Torino, Italy on the efforts of YCI in 2009.

Our forthcoming events are 'MITICA INDIA' from 25th to 28th March, 2010 at Carara, Italy and Patanjali Week Celebration from 29th October to 7th November, 2010 at the birth place of Maharishi Patanjali, Bhopal, India. Her Holiness Mahamandaleshwar Gayatri Devi (Emy Blesio), President, IYC along with His Holiness Swami Suryananda, Vice-President (Europe), IYC and their disciples were the first foreigners to visit the birth place of Maharishi Patanjali, Village Godarmau, near Bhopal based on the research of Acharya Hukumchand, Member, Patron Board, YCI.

We look forward for the cooperation and guidance from all the sectors for this noble cause.

Kind regards

(Vijay Tiwari)

# युगाचार्य प्रभाकर मिश्र

(गीता योगभाष्यकार)

सदस्य, संरक्षक मण्डल, योग कॉन्फेडरेशन ऑफ इण्डिया

अध्यक्ष, आयुर्वेद विश्व परिषद्

अध्यक्ष, सार्वेभौम सनातन धर्म महासभा

अध्यक्ष, विश्व धर्म संसद

पूर्व उपकुलपति, के.एस.डी. संस्कृत विश्वविद्यालय, बिहार



सी—121, कीर्ति नगर, नई दिल्ली—110 015 दूरभाष : 011—25100929

www.indianirmankendra.com

# चीप विद्या का खबबरण द्वम

'हिरण्यगर्भः समवर्तताग्रे' वेदों के अनुसार हिरण्यगर्भ ईश्वर का नाम है। उसी नाम के आधार पर आचार्य हिरण्यगर्भ हुए जिन्होंने योग विद्या का प्रवर्तन किया। इसके पश्चात् उसी योग विद्या के विकास के लिए कपिल मुनि ने सांख्यदर्शन का निर्माण कर योग के मौलिक सिद्धान्तों की स्थापना की सांख्यदर्शन की उनके जीवनकाल में उच्चतम ख्याति हुई। कपिल मुनि ईश्वरीय अवतार माने जाते थे। कपिल ने अपनी माता देवहूति को योग का उपदेश दिया था इसका विशद वर्णन वेदव्यास ने भागवत महापुराण में की है। कपिल मुनि द्वारा निर्मित प्रकृति पुरुष के रहस्य के साथ महर्षि वेदव्यास ने योग विद्या के विस्तार में नया अध्याय जोड़ा 'ब्रह्मसूत्र' का निर्माण। उन्होंने योग तथा ब्रह्मविद्या का समन्वय किया। उसी समय से योग विद्या को ब्रह्मविद्या कहा जाने लगा। उसी योगधारा का विस्तार योगेश्वर श्रीकृष्ण ने गीता में किया। श्रीकृष्ण ने गीता में कपिल मुनि और वेदव्यास का नाम स्मरण किया है — 'सिद्धानां किपलो मुनिः' किपल को योगसिद्ध मुनि तथा वेदव्यास को 'मुनीनामप्यहं व्यासः' मैं मुनियों में वेदव्यास हूं कहकर उन दोनों को योगाचार्य सिद्ध किया है। गीता में स्थान—स्थान पर योग के पूर्वज दोनो मुनियों के सांख्यदर्शन तथा ब्रह्मविद्या का योगविद्या के साथ सम्बन्ध दिखलाया है। श्रीकृष्ण के बाद महर्षि पतंजलि ने योग को चार पादों में विभक्त कर पातंजल योगसूत्र की रचना की।

हम कह सकते हं कि कपिल—वेदव्यास तथा श्रीकृष्ण द्वारा वर्णित योग विद्या का यह संक्षिप्त संस्करण है। क्योंकि पतंजिल मुनि ने योग के सैद्धान्तिक विषयों का विस्तार हटाकर केवल योग विद्या के क्रियात्मक पक्ष का ही वर्णन किया। इसिलये योग विद्या का मौलिक तथा सैद्धान्तिक पक्ष अपिरचित सा हो गया। केवल अष्टांग योग पर ही सिमिट (सीमित) गया। आज भी योग के रहस्य को जानने के लिए आचार्य हिरण्यगर्भ क पंचमहाभूत विद्या, किपल के सांख्यदर्शन, वेदव्यास की ब्रह्मविद्या, कृष्ण के योगाधारित जीवन विद्या (गीता) की तीव्र आवश्यकता है, तािक योग विद्या का धरातल सशक्त रहे।

योग विद्या के इतिहास क्रम में महर्षि विशष्ठ तथा याज्ञवल्क्य मुनि तथा मनु का नाम स्मरणीय है जिन्होंने योगविद्या को राजर्षियों तक पहुंचाया। जो राजा योगविद्या पर आधारित दिनचर्या चलाते थे उन्हें राजर्षि कहा जाता था क्योंकि वह राजयोग के अनुयायी कहे जाते थे। आचार्य हिरण्यागर्भ के बाद योग के व्याख्याकार राजर्षि मनु थे जिन्होंने मनुस्मृति मं योग का भी वर्णन किया। उनके बाद त्रेतायुग में राम को योगविद्या का उपदेश देने के लिए विशष्ठ ने योगवाशिष्ठ ग्रन्थ की रचना की। श्रीकृष्ण और पतंजिल के अन्तराल में याज्ञवल्क्य तथा हेरण्ड आचार्य भी योग विद्या के संचालक माने जाते थे। महर्षि याज्ञवल्क्य ने योग को मानवधर्म की संज्ञा दी तथा आचार्य हेरण्ड ने हठयोग की व्याख्या की। योग की अध्ययन परम्परा में योगवाशिष्ठ तथा हठयोगप्रदीपिका ग्रन्थों का विशिष्ठ महत्व है।

श्रीकृष्ण ने गीता उपदेश के पूर्व यह सिद्ध किया है कि (विवस्वान्) सूर्य से योग विद्या मनु ने ग्रहण करने के पश्चात् उसे इक्ष्वाकु जैसे राजाओं को प्रदान किया। वस्तुतः श्रीकृष्ण ने सूर्य शब्द से हिरण्यगर्भ का ही स्मरण किया है क्योंिक सूर्य समस्त हिरण्यों अर्थात् ज्योतियों का आधार है। सूर्य का पर्यायवाची ही हिरण्यगर्भ है। इसलिए आचार्य हिरण्यगर्भ ही योग प्रवर्तक प्रथम आचार्य माने जाते हैं।

योग के विश्वभर में प्रचार तथा उपादेयता को देखते हुए एक योगविश्वकोष (इन्साइक्लोपीडिया ऑफ योग) के निर्माण की आवश्यकता है ताकि विश्वविद्यालयों में योगविद्या एक सक्षम विषय बन सके।

मैं योग कॉन्फेडरेशन ऑफ इण्डिया से जुड़े सभी लोगों को उनके सराहनीय कार्य के लिए हार्दिक शुभकामनाएं देता हूं।

अगन्मित्रभावर भिश्च

आचार्य प्रभाकर मिश्र



# भारतीय मानवाधिकार आंदोलन **HUMAN RIGHTS MOVEMENT OF INDIA**

HUMAN RIGHT ORGANISATION (UNIT OF TRCT)



Sunil Gupta Advisor

Date: 24th December, 2009

It gives me immense pleasure to congratulate the members of Yog Confederation of India for the work they are doing for the promotion of Yog, Ayurved and Indian Traditional Systems globally.

"Yog Vidya Jagriti Abhiyan-International Holistic Health Movement" a programme of Yog Confederation of India is completing its 5th year and organization is coming out with its complied report and future programmes on this occasion. This programme is being run in association with many national and international organizations and is also supported by Government of India.

I invite all the leading institutions and organizations of India and various countries to support this programme for the promotion of Indian cultural heritage. I also assure my all possible support to Yog Confederation of India.

I wish the organizers all success in their endeavour and extend my warm felicitations to them on this occasion.

> (Sunil Gupta) Advisor



# Patanjali Week Celebration Bhopal, India 29th October to 7th November 2010



"...Free the knowledge, and knowledge will save us..."

#### YOG IS KNOWLEDGE

And this Event is born to defend the right of knowledge for everybody and... furthermore to share with everyone the possibility to participate to the knowledge... because altogether, we can!!

Yog conference by experts, Saints etc.
Yog seminares by Guru, acharyas etc.
Ayurveda Conferences by experts, doctors, etc.
Treatments and massage by therapists
Music and singing lesson & workshops by sitarists, tablists etc.
Concerts
Dance performances classical, traditional, lesson & workshops by dance teachers
Dances performaces
Film reviews of great directors
Styles
Bollywood, cult movies, religious movies etc
Yog Asana Competition: Artistic – Athletic – Rythmic - Acrobatic
Dance Competition spectacles of the seven classical dances
Bharata Natyam - Mohini Attam - Kathakali – Odissi – Kuchipudi – Odissi - Manipuri
Space for handicrafts Products etc.

# Yog Confederation of India In association with

Government of Madhya Pradesh
The World Community of Indian Culture & Traditional Disciplines
International Yog Confederation
World Movement for Indian Fine Arts
World Movement for Yoga & Ayurveda
European Yoga Federation
C.U.I.D.Y. Confederazione Ufficiale Italiana Di Yoga
Women International Network (WIN)
Bhartiya Yog Anusandhan Kendra, Bhopal





















# **Yog Confederation of India**

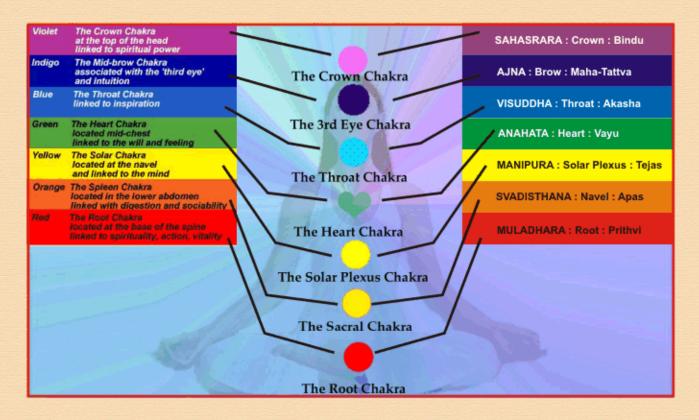


# **Proposed Programme**

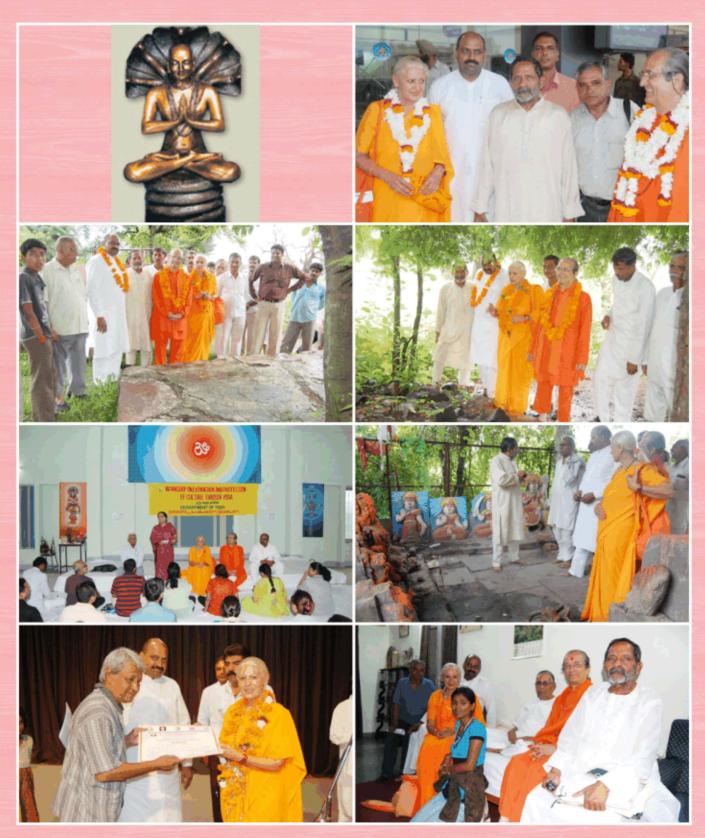
October, 2010	Arrival of Guests
October, 2010	Inauguration
October, 2010	
November, 2010	
November, 2010	
November, 2010	Patanjali Day
November, 2010	
November, 2010	Diwali Celebration
November, 2010	Valedictory Function
November, 2010	Departure of the Guests
	October, 2010 October, 2010 November, 2010

Seven Day Patanjali Week Celebration will be focused on the philosophies of teachings of Maharishi Patanjali, Yog, Ayurved and Indian Traditional Systems. During festival every day one Chakra will be focused.

In the evenings we will have cultural programmes based on seven classical dances of India along with some representation from International performances.



Visit of Her Holiness Mahamandaleshwar Gayatri Devi, President, International Yog Confederation to the Birth Place of Maharishi Patanjali, Village Gondarmau, Bhopal, Madhya Pradesh alongwith HH Mahamandaleshwar Swami Suryananda, Vice-President, IYC, Shri Vijay Tiwari, Secretary-General, IYC and Acharya Hukumchand Shankushal, Director, Bhartiya Yog Anusandhan Kendra, Bhopal.



# **MITICA INDIA**







MARTIALARTS
CRAFTS
AYURVEDA
CINEMA
KITCHEN
DANCE

DANCE
YOGA
FOLKLORE
MAKE-UP
FASHION
EXHIBITIONS
MUSIC
TATTOO
TRADITIONS

THEATER

LARGEST INTERNATIONAL FESTIVAL DEDICATED TO INDIA

CONGRESS
INTERNATIONAL
YOGA & AYURVEDA

MEETING TECHNOLOGYTOURISMTRADE CARRARAITALIAINDIA

WORLD YOG CHAMPIONSHIP 2010

INTERNATIONAL WOMEN EXCELLENCE AWARD-2010

6 LOCATION 2THEATERS 6 PERFORMANCE SPACES 40 REPRESENTACTIONS

> 250ARTISTS 60 SPEAKERS 4 CONFERENCES 60 WORKSHOP 4 RESTAURANTS

CREATOR AND ART DIRECTOR EMY BLESIO

(HHM. PANDIT YOGACHARINI GAYATRI DEVI)
PRESIDENT, THE WORLD MOVEMENT FOR INDIAN FINE ARTS
INTERNATIONAL YOG CONFEDERATION
WOMEN INTERNATIONAL NETWORK (WIN)

MARCH 25-26-27-28, 2010 CARRARA, ITALY MARINA DI CARRARA CARRARATRADE









INDIA COLOR CHARM MYSTERY

The only event in Europe entirely devoted to Indian culture, to live, the spell legends, dance, rhythmic sounds of drums, the enchantment of perfumes Asians, the subtle charm of the deep atmospheres and Indian philosophy of this continent.

The goal, however, is not just an excuse to make known, in an interesting, unique, magic and fun, a nation that is known in the popular imagination with the stereotype doorstep.

PARADE PARADE MARCH 25 CARRARA MARCH 26 MARINA DI CARRARA Where to find in 5 days, all the magic and the charm of this wonderful culture that finds rooted in the Upanishads, the great epics Mahabharata and Ramayana ... the legends of the sacred texts Agamas and Puranas.

We believe it is a reality that can offer much more than just a dip in an air of magic, clumps of palms, fragrant oils and spices.

**FESTIVAL** MARCH 26-27-28 CARRARA FAIR

With dancing, cooking, rituals and spirituality, disciplines, it is impossible not to be fascinating and seduced.

It is a reality spokeswoman for the great cultures and spirituality known or misunderstood that, if consummated a wider audience fascinate and conquer even the most casual visitor.

The delicious taste of fragrant and spicy cuisine, the ritual of tea, handicrafts, shows, exciting festival of dance and music are just some of the items wonder of a unique festival in the atmosphere and content.

The event is directed to all without distinction, given the versatility of the programs and interventions.

CONGRESS INTERNATIONAL YOGA & **AYURVEDA** 

A Congress of Yoga and Ayurveda in a festival to bring the profound philosophy and spirituality science of Yoga and Ayurveda to the general public.

Many people attend the festival to

MARCH 25-26 CARRARA watch a performance of martial arts, to enchanting dance performances, a concert or just to sample the local cuisine Indian, and will appreciate the deep yogic techniques, the interesting proposals Ayurveda, meditation and proposals

MARCH 26-27-28 CARRARATRADE yogasanas able to give balance and instill serenity.

Scientific advice SWAMI SURYANANDA AMADIO BIANCHI PRESIDENT OF THE MOVEMENT WORLD YORA & AYURVEDA

Many of the stereotypes and clichés due to legends of the past, and people have refuted have begun to appreciate this wonderful discipline that teaches tolerance and respect for all creatures ... and that, until the recent past was perceived a little 'too much for "Insiders" and instead is proving suitable for everyone, especially for us Westerners.

"The spiritual message of the Masters of the Himalavas"

"Yoga of Universal Love and solar energy"

"The Tantra of Sri Yantra - The human body is made divine"

"Treat Marma in Ayurveda, as a means of healing"

"Mantra:The Energy of Healing in the Sacred Sound

"Ayurveda and Kalaripayattu:The ancient art of Marma, discipline to achieve balance psychophysical and spiritual

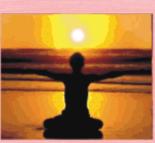
"From research in documentary sources in classical contribution to the birth of a Ayurveda Cosmetology "

"The 152 maneuvers of Ayurvedic"

"Varutha Kriya Yoga techniques to protect themselves from tensions and negative external

"EnergyWork Meditation and Dance"

"Yoga and Spirituality













#### MEETING CARRARAITALIA INDIA

Italy-India: in recent years have become intertwined economic relationship between two important countries, to step.

This means that Italy and India will have to know him better, because there are many synergies cultural, economic and policy that may lead to interesting projects.

With a growth of 7-8% per year, which promises to speed up to 10%, India is the fourth largest economy global experts from the World Bank and has the credentials to become, with China, the lifeblood of global development.

Defined as "democacy with the highest growth rate in the world, India is a country where "Made in Italy" is at an early stage.

MARCH 25 - 26 CARRARA

MARCH 27 -28 - 29 CARRARATRADE

Design
New technologies and equipment
Wine (drinks)
Furnishings and marble
Fashion
Person
(leather, footwear, jewelry, etc.).
Sustainable construction
Logistics and port

# CARRARAITALIA INDIA

MARCH 25 - 26 CARRARA

MARCH 27 -28 - 29 CARRARATRADE

Design
New technologies and equipment
Wine (drinks)
Furnishings and marble
Fashion
Person
(leather, footwear, jewelry, etc.).
Sustainable construction
Logistics and port

A moment of exchange between potential partners "targeted" for history, size, planning and peculiarities, can be a real prospect of development for companies in the territory.

Within three days of the meeting the companies will have the opportunity to participate in conferences, seminars, forums, meetings and initiatives that affect all sectors and functions of enriched the presence of international guests and the opportunity to further arguments in private the rapporteurs.

An opportunity to meet other companies, to obtain information from the Chambers of Commerce international and have a clearer view of the market and find potential patners.

A moment of encounter and reciprocal knowledge, to learn or deepen a market and a culture of extreme interest for the foreseeable future and where, currently, the Italian presence is very low and at the same time appreciating the peculiarities foreign interlocutors, the talent, production processes, the experiences of the Italian market.

The meeting will be developed involving not only the spaces of the exhibition hall in Marina Di Carrara, but different areas of the district municipality.

Sites chosen for their special economic and cultural, within which different locations will see the holding of meetings, seminars and workshops, plus entertainment and events cultural initiatives.

Recently several important meetings were held in Italy and in India with the aim of strengthen collaboration between the two countries, exchanges that have affected specific areas from infrastructure to transport, high technology, auto, industrial design, but turned to the great industry.

What we want to achieve by organizing this meeting is a proposal for B2B calibrated on SMEs.

To do this we have identified seeral areas to be dedicated to the conduct of meetings side and a program that provides:

Exhibition Space (International Marble machines)

Business Cafe

(IMM Meeting Room - Theater Animosi-Carrara Chamber of Commerce)

Cocktail presentation and Cocktail Party

Appointments depth on particular aspects: production of prestige labels, typical products of quality.

Organizing galas (Castles, Villas, etc..)













#### **MEETING** CARRARAITALIA INDIA

MARCH 25 - 26 CARRARA

MARCH 27 -28 - 29 CARRARATRADE

Design New technologies and equipment Wine (drinks) Furnishings and marble Fashion Person (leather, footwear, jewelry, etc.). Sustainable construction Logistics and port

Among the services that we offer:

L 'exclusive service of customized business meeting agenda that allows you to create partnerships and build business relationships with companies from the regions of Tuscany or Partner.

The service is responsible for detecting, evaluating and contacting the companies most interesting territory, analyzing the profiles of the companies business and organize, through the collaboration of experts, meetings truly effective, relying on a large database of companies with many drivers evaluated.

The service is open to all companies seeking suppliers, customers, investors or start-up proved indispensable for both external companies seeking partners in Italy, Tuscany, Carrara, both for local companies looking for external partners.

To receive service agenda is to fill the card will be sent to a list names are already selected. Subsequently, our consultants will contact the companies concerned for verification of reliability and integration within a database, where best companies are included in the system and where you create the conditions for a relationship profitale.

CORNER WITH PROMOTIONAL MATERIAL PRESS WEB STATION ASSISTANCE AND INTERPRETING TRANSPORT COMPANY VISITS TOUR TOUR

#### AREAS CARRARA TRADE

#### Hall C

AYURVEDA and YOGA
Two areas with setting Indian islands of sand with pools, palms and plants, ornaments inspired by Indian culture. RESTAURANT AYURVEDIC

The kitchen is studied Ayurveda for good health and for every type of human constitution:

Kapha, Pitta, Vata, for each of these types are suitable dishes. Analysis of the wrist you can get by doctors available in Ayurvedic medicine department, everyone know what type they belong and appropriate foods to taste and benefits or their body.

Tasting tea according to the rite of India within an area set up with Indian textiles, cushions and low tables.

THEATER Stage MT 16x16 with a setting inspired by the Indian temples BOARDS SHOWING

Yogasanas - Music - Dance - Rites i PROJECTIONS

Main Hall for the screening of films and several smaller rooms for the screening of documentaries and cult films videos, religiousmythological, Bollywood.

EXHIBITIONS Cameras, musical instruments and art in general

# Hall D PERFORMANCE PLATFORM

MUSICA E DANZE

Will be realized a great platform of MT 20x20 placed in the center of the space devoted to performance suspension ring with lights and sound, the public will have a 360 ° view Martial arts, dance, music RESTAURANTS KITCHEN KITCHEN NORTH SOUTH KITCHEN ISLANDS MUSICAND DANCE

Four platforms located in the pavilion, each with a particular design will perform in different alternative bands and dance CRAFTS EXHIBITION STAND AND FOOD

Companies and individuals will have the exhibition modular stand MT 4x4. The modules will be entered in multiples of 5 in different thematic contexts of the festival. Craft shops, will be present on site with demonstrations of crafts of India (as printed fabrics, manufacture of lacquer bangles, embroider a pashmina etc.).













#### PROGRAMMA Friday, March 26

Outdoor Area Inauguration PARADE PARADE GROUP Pradeep Shastra 17.00 Hall C AREA OF TRADITIONS RITETEA RANGOLI 17.30 Hall C THEATER INDIANA POWER LIGHT 18.00 Hall C Inauguration AREAAYURVEDAAND YOGA **EXHIBITIONS** PROJECTION Vairagya TIBETÁN MONKS - Mandala

Hall D EXHIBITION STAND CRAFTS - CLOTHING - SPICES 19.30

OPEN RESTAURANTS
Hall C
AYURVEDIC CUISINE
Hall D

KITCHEN OF THE NORTH, SOUTH AND ISLANDS 19.30 - 21.00

#### PROGRAM Saturday, March 27

10.00-18.00 Hall C AREAYOGAAND AYURVEDIC Conference, panel discussions, workshops YOGAAND WELLNESS AYURVEDIC MEDICINE 10.30-24.00 Hall C PROJECTIONS EXHIBITIONS Vairagya TIBETAN MONKS - Mandala Hall D EXHIBITION STAND CRAFTS - CLOTHING - SPICES 11.00-12.30 Hall D AREA SHOWS 1 MAKE-UP INDIAN HOW TO WEAR THE SARI AREA EVENTS 2 THE MUSIC OF INDIA FROM NORTH TO SOUTH 11.30-12.30 Hall D CENTRAL PALLET BOLLYWOOD DANCE THEATER 12.30 Hall C AYURVEDIC CUISINE KITCHEN OF THE NORTH, SOUTH AND ISLANDS 13.30 -14.30 CENTRAL PALLET HENNATATTOO

Hall C THEATER ENTERTAINMENT GROUP Pradeep Shastra 19.30 - 21.00 Hall D AREA SHOWS 1 FOLK MUSIC AND DANCES OF INDIA 21.30 - 22.30 Hall D CENTRAL PALLET YOGAAEROBATIC MALLAKHAMB ON ROPE & POLE 21:00 Hall D ISLAND RESTAURANT INDIAN DINNER WITH THE **AUTHORITIES** ' 21.00-22.00 Hall C THEATER CLASSICAL DANCE Bharata Natyam, Kathak, Kuchipudi, Kathakali, Mohini Attam, Odissi, Manipuri 22.30-23.30 Hall D CENTRAL PALLET MARTIALARTS TRADITIONAL AND MODERN

Kalaripayattu, Khalsa Gatka, Shaolin

15.00 -17.00
CENTRAL PALLET
PERFORMANCES YOGA
Acrobat - ARTISTIC - ATLETICO
16.00
Hall C
THEATER
CLASSICAL DANCE
Kathakali
17.00
AREA OF TRADITIONS
RITE OF TE RANGOLI

17.00-19.00
Hall D
AREA SHOWS 1
FOLK DANCES OF RAJASTHAN
"Banjara"
AREA EVENTS 2
MAKE-UP INDIAN
HOW TO WEAR THE SARI
19.30 -20.00
CENTRAL PALLET
INDIAN FASHION SHOW
TRADITIONAL AND MODERN
21.00-23.00
CENTRAL PALLET

Martial Art Since the time of Bodhidharma 22,30-24,00 Hall C THEATER THE GREAT INDIAN BOLLYWOOD AND BHANGRA PARTY













PROGRAM Sunday, March 28

10.00-18.00 Hall C AREAYOGAAND AYURVEDIC Conference, panel discussions, workshops YOGAAND WELLNESS AYURVEDIC MEDICINE 10.30-24.00 Hall C **EXHIBITIONS** PROJECTION Vairagya TIBETAN MONKS - Mandala EXHIBITION STAND CRAFTS - CLOTHING - SPICES 11.00-12.30 Hall D AREA SHOWS 1 HENNATATTOO AREA EVENTS 2 THE MUSIC OF INDIA FROM NORTH TO SOUTH 11.30-12.30 Hall D CENTRAL PALLET PERFORMANCES YOGA Acrobat-ART-ATLETICO 12.30 OPEN RESTAURANTS Hall C AYURVEDIC CUISINE Hall D KITCHEN OF THE NORTH, SOUTH AND ISLANDS

#### EXHIBITIONS

#### THE OTHER SIDE OF KASHMIR

Fascinating and indecipherable, frail and forgotten, Kashmir is in danger of turning into a cliché literary projection of the glowing descriptions of the books increasingly blurred in the memory of travelers.

## INDIA BETWEEN PAST AND PRESENT

Photographic exhibition is of anonymous authors (from 1900 until the present day) of daily life in India, is of great authors such as Ken Dami

#### **PUSHPANJALI**

The beautiful orchids in India: Exhibition of a gleaming collection of orchids in India in the most diverse qualities and colors. Botanists will illustrate the typical vegetation of India.

#### SHAWLS

Celebrated as a symbol of elegance, lightness and quality, the real wool pashmina shawls of Kashmir where for centuries are made by hand the valuable stoles, scarves and shawls popular in Europe since the days of Napoleon, who personally chose them for his wife.

13.30 -14.30 CENTRAL PALLET MAKE-UP INDIAN HOW TO WEAR THE SARI 15.00 -17.00 Hall D CENTRAL PALLET MARTIALARTS 16.00 Hall C THEATER CLASSICAL DANCE Bharata Natyam, Kathak, Kuchipudi, Kathakali, Mohini Attam, Odissi, Manipuri 17.00 Hall C AREA OF TRADITIONS RANGOLI 17.00-19.00 Hall D AREA SHOWS 1 **HENNATATTOO** AREA EVENTS 2 MAKE-UP INDIAN HOW TO WEAR THE SARI Hall C THEATER FOOTSTEPS OF THE INDIAN GIPSY We pass from Bharata Natyam Kathak Dance - Raqs Sharqi - Flamenco following the story of a traveler "in the footsteps of Indian Gipsy"

# EXHIBITION OF TRIBAL AND CLASSIC MUSICAL INSTRUMENTS OF INDIA

India has for centuries produced a wealth of musical instruments starting from the ancient percussion of the great family of the fine lutes woodwinds, and many other innumerable categories from a variety of shapes and sounds.

# THE HISTORY OF INDIAN DANCE

In India all forms of art have sacred origins. In the scriptures we read, in fact, that the dance stems directly from Shiva Nataraja, the Lord of the dancers. He, with his dance, create the universe.

#### HISTORY OF AYURVEDA

The Comus Hindu literature on medicine and health is called Ayurveda or science of long life. Some scholars have suggested that Ayurveda Veda was a minor perhaps additional all'Atharvaveda, but others dispute this claim. Whatever their location literature, these texts are still considered sacred writings.













#### MEDIA PLANNING

PRESS CONFERENCE Florence Friday, March 5 plans show-parade

#### **PREVIEW**

Parma Saturday, March 13 Promotion of the Festival with dance and Martial Arts Demonstration Genoa Saturday, March 20 Promotion of the Festival with day dedicated to the welfare

#### PRESS OFFICE

Intense and widespread press office activity in the media, newspapers, portals and information topical, with press conferences, sending press releases, contacts and media relations for articles, services, interviews, special focus on the event

#### PLANNING AND PRINT MEDIA

Releases promotion in local and national newspapers, weeklies and periodicals And editorial services for local and regional TV

#### MEDIA PLANNING

#### POSTERS N° 60162+28 / 03

Carrara - Massa - Lucca - Pisa -Livorno - Prato - Pistoia - Firenze - La Spezia - Genova - Parma - Piacenza -Autostrada Firenze Mare MT-980 930x240

Carrara - Massa - Lucca - Pisa -Livorno Prato - Pistoia - La Spezia - Genova -Parma - Piacenza

#### N2-980 060x140

Carrara - Massa - Aulla - Montignoso Fivizzano - Pontremoli -Licciana Nardi -Villafranca Fosdinovo -Viareggio Capannori - Camaiore - Pietrasanta Massarosa - Seravezza - Altopascio -Barga - Forte dei Marmi - Borgo a Mozzano - Porcari Lucca Pisa Livorno Prato - Pistoia - La Spezia - Sarzana -Lerici - Arcola - Ortonovo - Santo Stefano di Magra - Castelnuovo Magra Vezzano Ligure -Bolano -Levanto -Follo -Ameglia Portovenere - Genova -Parma -Piacenza

#### MT-25003'0x100

Carrara - Massa - Aulla - Montignoso -Fivizzano - Pontremoli -Licciana Nardi -Villafranca - Fosdinovo -Viareggio Capannori - Camaiore - Pietrasanta Massarosa - Seravezza - Altopascio -Barga - Forte dei Marmi - Borgo a Mozzano - Porcari - Lucca Pisa Livorno - Prato - Pistoia - La Spezia -Sarzana - Lerici - Arcola - Ortonovo -Santo Stefano di Magra - Castelnuovo Magra - Vezzano Ligure -Bolano -Levanto - Follo - Ameglia- Portovenere Genova - Parma -Piacenza

#### NEWSLETTER

Shipment of a series of 10 weekly newsletters to 55,000 email addresses

Nazione (local newspaper) special insert 8 Pages Il Tirreno (local newspaper) special insert 8 Pages

#### Scratch

Coupled with the ticket for the contest "Discover India", a real scratch tickets that will be assigned for each ticket purchased

More tickets, more scratch cards, more chances to win one of the prestigious prizes for grabs from sponsors.

Prizes for the economic value and palatability (cars, travel in India, yoga and complete courses

Ayurveda in key locations, etc..) represent a stable point of strength to capture public attention and promote the image of the sponsor.

#### BROCHURES

No. 350,000 by standard delivery to all the Italian families of the Province of Massa-Carrara - Lucca -La Spezia Size 20x28 50 pages 25 pages dedicated to the promotion of the festival with pictures and editorial

#### WEB

Website Banners on sites of interest Facebook, Myspace

TELEVISION N° 500 SPOTS 30" Local broadcasters TTN - Teleriviera - Antenna 3 Regional broadcasters RTV 38 - First Channel

RADIO N° 500 SPOT 30" Local broadcasters













# **SPONSORSHIP**

#### VISION OF THE MARK:

the event will count on a massive media coverage both in the agreements taken with TV and local and national newspapers, both with the participation of testimonial and speakers in radio, that increase brand awareness at global.

#### PARTICIPATION:

the public will take part in the event is estimated at around 40,000 people in the highlights event to a minimum of 2,000 people during the minor activities of the pre-festival.

#### PARTNERS:

collaboration with institutions, coauthor of the event, will be critical through their channels convey the desired message.

#### GUESTS:

An event that can not fail to attract and to enhance even further the interest of public and media has provided for the participation of prominent personalities from the world of show business culture.

#### PREVIEW:

The image of the sponsor will also be reinforced in the press conference and in Pre-Festival Meeting-show moments involving the organization of events of various kinds which will involve the provincial capitals of the regions directly involved event namely: Florence in Tuscany, Genoa in Liguria, Emilia Parma. Encounters will be preceded by a major promotion in the press and who will take part personality and international artists representing the themes and subjects dealt part of the Festival.









# GOLD SPONSOR

SILVER

**SPONSOR** 

**ADVERTISER** 

**DISPLAY** 

**SPONSOR** 

#### POSTER 6x3

Presence logo 50x50 cm

#### POSTERS 200x240

Presence logo 25x25 cm

#### POSTERS 100x140

Presence logo 20x20 cm

#### BROCHURE

Editorial two-page advertisement inside

#### WEB

Banner advertisement on all pages of event website Advertising space in the newsletter Online catalog

#### **NEWSPAPERS**

Presence of the logo in advertising pages

#### POSTER 6x3

Presence logo 30x30 cm

#### POSTERS 200x240

Presence logo 15x15 cm

#### POSTERS 100x140

Presence logo 10x10 cm

#### **BROCHURE**

Advertising page internal

#### WEB

Banner event homepage Advertising space in the newsletter Online catalog

#### **NEWSPAPERS**

Presence of the logo in advertising pages

#### BROCHURE

Advertising page internal

#### WEB

Online catalog

#### BENEFIT

#### **EXHIBITION SPACE**

Pre-arranged area 20 sq.m. consisting of: wood paneled walls perimeter yellow, carpet, electrical system (3 lights + power outlet), a sign custom stickers, 1 table, 2 chairs, storage room (2m x 1m), accessories (basket, hangers).

#### **DISCOVER INDIA**

Matching Sponsor premium third class

#### COST

€ 3,500 + VAT

+ Awards Third Category

#### BENEFIT

#### **EXHIBITION SPACE**

The company has an exhibition area of 80 square meters where to set up a stand

#### **PREVIEW**

To obtain the best visibility in the company sponsoring the event, we offer the ability to customize the space show.

#### DISCOVER INDIA

Matching the Gold Sponsor premium POSTS

#### COST

€ 16,000 + VAT

+ Awards First Category

#### BENEFIT

#### EXHIBITION SPACE

The company has an exhibition area of 40 square meters where to set up a stand

#### **PREVIEW**

To obtain the best visibility in the company sponsoring the event, we offer the ability to customize the space show.

#### DISCOVER INDIA

Silver Sponsor combination of premium second-class

#### COST

€ 8,000 + VAT

+ Awards Second Category

#### WEB

Online catalog

#### BENEFIT

#### **EXHIBITION SPACE**

Pre-arranged area 16 sq.m. consisting of: wood paneled walls perimeter yellow, carpet, electrical system (3 lights + power outlet), a sign custom stickers, 1 table, 2 chairs, storage room (2m x 1m), accessories (basket, hangers).

#### DISCOVER INDIA

Matching the Sponsor to award the fourth category

#### COST

€ 1,500 + VAT

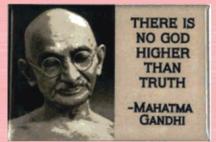
+ Awards Fourth Category











# Report

# 6th Festival of the India: East Meets West 8th International Congress of Yoga and Ayurveda

2nd Symposium of Spirituality "Rays of Unique Light"

2-3-4 October 2009

ON THE INTERNATIONAL DAY OF NON- VIOLENCE BIRTH ANNIVERSARY OF MAHATMA GANDHI JI

#### Inaugurated in the august presence of

**215** eminent Speakers from different Religions, Ayurveda, Yoga & other Traditional Therapies, Performers, Experts, Artists, Musicians, etc.. from **18** different Nations along with thousands of people.

## at the PARCO CULTURALE, LE SERRE, GRUGLIASCO (TO) – Italy

# With the Patronage of:

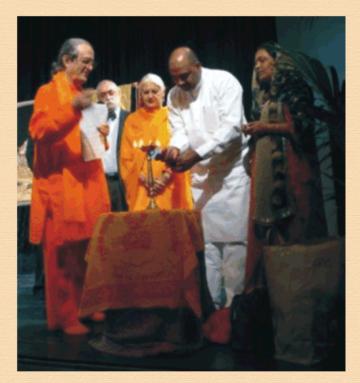
- Regional Government of Piemente
- Provincial Government of Torino
- Local Government of Grugliasco, Italy
- · General Consulate of India
- "Incredible India" Ministry of Tourism, Govt. of India
- International Yog Confederation
- The World Community of Indian Culture & Traditional Disciplines
- World Movement for Indian Fine Arts
- World Movement for Yoga & Ayurveda
- European Yoga Federation
- C.U.I.D.Y. Italian official Confederation of Yoga
- · Yog Confederation of India
- Suryanagara
- C.Y.Surya
- Women International Network (WIN)



#### FRIDAY, 2 OCTOBER 2009

Celebration of the birth anniversary of Mahatma Gandhi Ji (Gandhi Jayanti) by lighting the lamp in the presence of the Marcello Mazzù Mayor City of Grugliasco, Italy, Mr. Venu Menon, Vice-Consul of India for, Milan, HH Mahamandaleshwar Gayatri Devi (Emy Blesio) Creator and Artistic Director of the Event and the field Spirituality President of The World Community of I.C.&T.D., Shri Vijay Tiwari, General Secretary, Yog Confederation of India, Secretary General, International Yog Confederation, Advisor, The Global Open University, Nagaland, HHM Laxmi Devi, Secretary, Delhi Pradesh Congress Committee, President, World Religious Parliament(Delhi), National President, Women International Network, HH Mahamandaleshwar Swami Suryananda (Amadio Bianchi), Scientific Director of Congress and the President of the European Yoga Federation,, the manager of the agency of Indian Tourism Mr. A.M.Basheer,





Dr. Gianni Oliva Alderman Culture Piemonte Region, Dr. Umberto D'Ottavio Councillor School Construction and heritage, building trade, education , Roberto Montà Councillor Culture Municipality of Grugliasco, Mara Quenda and Simonetta Momo respectively president and secretary of the Organizing Committee

**PARADE** by the entrance of the Park to the Greenhouses, performed by the **Foundation International Culture SHASTRA (Pradeep Shastra)**, the dance of the Pearl of the Indian Ocean Sri Lanka with percussions, masks, acrobatic dance and fire, canopies and flag of India, the authorities in the spaces of the Cultural Park the Greenhouses.



# CELEBRATION OF THE SAMKALPA WITH FIRE AND MANTRA

- CELEBRATION OF THE SAMKALPA WITH FIRE AND MANTRA (everyone left to the fire his own bad habit by writing on a piece of paper and putting it in the fire).
- The celebration YAJÑA was managed by Shri Vijay Tiwari, HHM.Laxmi Takhur Singhal, HHM Pandit Gayatri Devi, HHM. Swami Suryananda, Swami Narayananda, Swami Shankara, Mahatma Krishananda



 At the end the Yoga School Dharma of Hari Singh Khalsa and the RANJIT AKHARA GATKA GROUP of the Community Sikh introduced a moment of great emotion: "the Unity in Diversity" making to unthread 192 flags of recognised nations in a great embrace of peace. This touching and suggestive ceremony had a musical performance of elevated mystical sonorities by the great artist Igor Ezendam.

## **Evening Spectacle**

**LEGEND OF THE MONK BODHIDHARMA TRAVELLED FROM INDIA to CHINA** to spread Buddhism. Arrived at the Shaolin temple to find that the monks didn't know how to defend from the brigands that infested the surrounding valleys their monastery. Here he taught them the Yoga, the meditation and the Indian Martial Arts of Kshatriyas. This teaching evolves subsequently in the form of Martial Arts, Kalari, Gatka, Shaolin, Kung-Fu, Karate, etc.



#### **SUNDAY 4 OCTOBER**

#### SYMPOSIUM "Rays of a Unique Light"

- The Hari Singh Khalsa's Dharma Yoga school
  with the Community Sikh introduced a moment of
  great emotion: "The Unity in the Difference"
  making unthread 192 flags of all recognized Nations
  in a big embrace of peace to the cry "Peace reigns in
  the World". This touching and suggestive ceremony
  had as base the elevated mystical sonorities's musical
  performance of the great artist like Igor Ezendam
  and others.
- SYMPOSIUM OF SPIRITUALITY "RAY OF UNIQUELIGHT"
- Creator and Director Emy Blesio MahaMandaleshwar Yogacharini Pandit Gayatri Devi, President of World Community and President of International Yog Confederation and Festival of the India's creator: Introduction and motivations of the Symposium and intervention
- SANATANA DHARMA, Italy



- INDIAN CHRISTIANITY: Father Antony Elenjimittam (Last living disciple of Mahatma Gandhi. Monk Dominican order and priest since 1939. Spiritual guide, writer and lecturer). India
- ORDEN BONARIA: The Prince of Septimio-Bathzabbay El Tadmur (Grand Masterof the Bonaria Orden). Spain.
- HINDUISM: José Sergio Griffa (Mahatma Brahmachary Krishnananda, President of the Argentine Parliament of Religions) Argentina SIKHISM: Bhai Hari Singh Khalsa (founder of the Yoga Dharma representative of the Indian Sikh community residing in Italy, an official member for 8 years, the Council of the religions of the Municipality of Rome) Italy



 ASHRAM IN WEST Fondatore della scuola Yoga Dharma rappresentante della comunità indiana Sikh residente in Italia, membro ufficiale, per 8 anni, della Consulta delle religioni del comune di Roma)

#### Italia

- ASHRAM IN WEST Swami Omkarananda (experience of an ashram in the West)
- Spain
- SUFISM: Murshida Dahnya Bozzini-van Gelder ( Spiritual Teacher in the Esoteric School of International Sufi Movement)
- Switzerland
- YOGA:Amadio Bianchi Mahamandaleshwar Swami Suryananda Saraswati, Presidente World Movement for Yoga e European Yoga Federation) Italy
- ORTHODOX CHRISTIANITY: Archbishop Monsignor Alfredo Montrezza (Priest Orthodox Catholic, publisher, writer. Senescal Grand Royal and Imperial House of Orient)Argentina

#### **Tibet**

 TIBETAN BUDDHISM: Geshe Naguiang Tsering (Master and Astrologer) representing His Holiness the Dalai Lama.

#### Morocco

 ISLAM: Mimoun Abdel-Lah (Marshal Art Teacher and Yogacharya), Morocco

#### Italy

 JUDAISM and KABBALAH: Cristina Unterberger, Italy

- THEOSOPHY: Leonardo Sola (L.U.T. HP Blavatsky Theosophical Study Center)
- JUDAISM AND CABALA: Cristina Unterberger (Jewish mysticism), Italy



Evening Spectacle: "On the footprints of Indian Gypsies" The Indian Gypsies who used to tell the stories of Puranas on streets and other places escaped away from the Tamerlano persecutions towards Europe.

They divided themselves in two principal branches - One that went towards the Center-north of Europe (Bulgaria, Hungary, Rumania) and other passing through Turkey and north Africa went to finish their diaspora in the Andalusia. We consider this last departing.

The show starts from the most ancient and classical dance Bharata Natyam, passing through the grandmother of the flamenco, the fascinating dance Kathak, later influenced by North Africans to provocative dance (belly dance) Raqs Sharqi, to finish in the form of fiery Flamenco of Spain.





HHM Gayatri Devi (Emy Blesio) during the inaugural ceremony



Shri Vijay Tiwari with Representative of Italian Govt., Father Anthony and HHM Gayatri Devi (Emy Blesio)



Laying of Mandala by Buddhist monks



Laying of Mandala by Buddhist monks



Laying of Mandala by Buddhist monks



Audience



Traditional welcome by Srilankan artists



Audience



HHM Swami Suryananda, HHM Laxmi Devi, HHM Gayatri Devi and Shri Vijay Tiwari



HHM Gayatri Devi with religious head of Sikhs in Italy



Board meeting of International Yog Confederation



Gatka performance by Sikh artists



Yogasan demonstration



Shri Vijay Tiwari with HHM Gayatri Devi and HHM Laxmi Devi during lecture

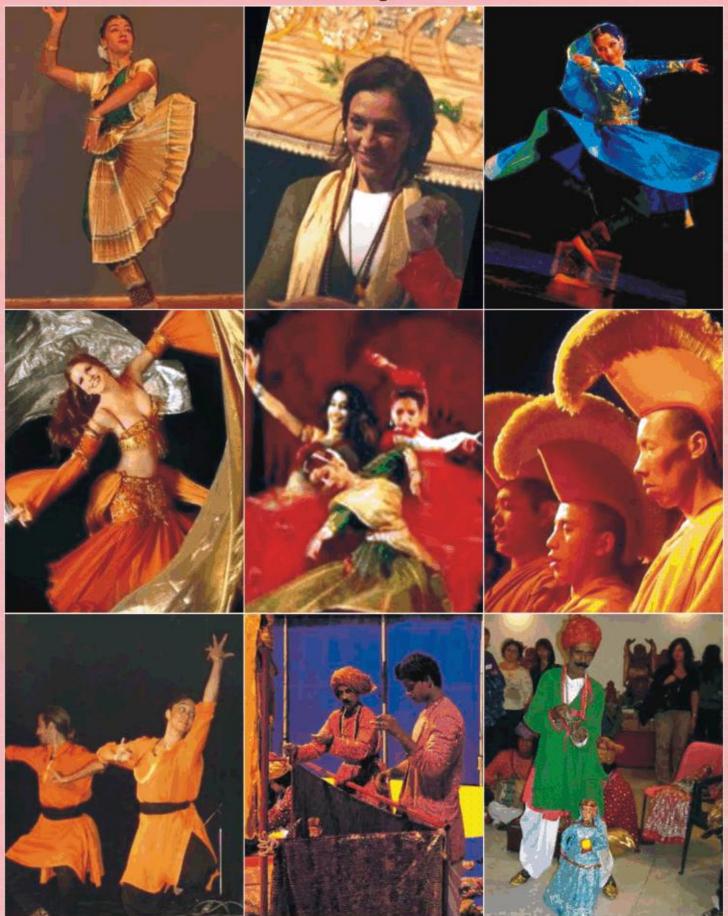


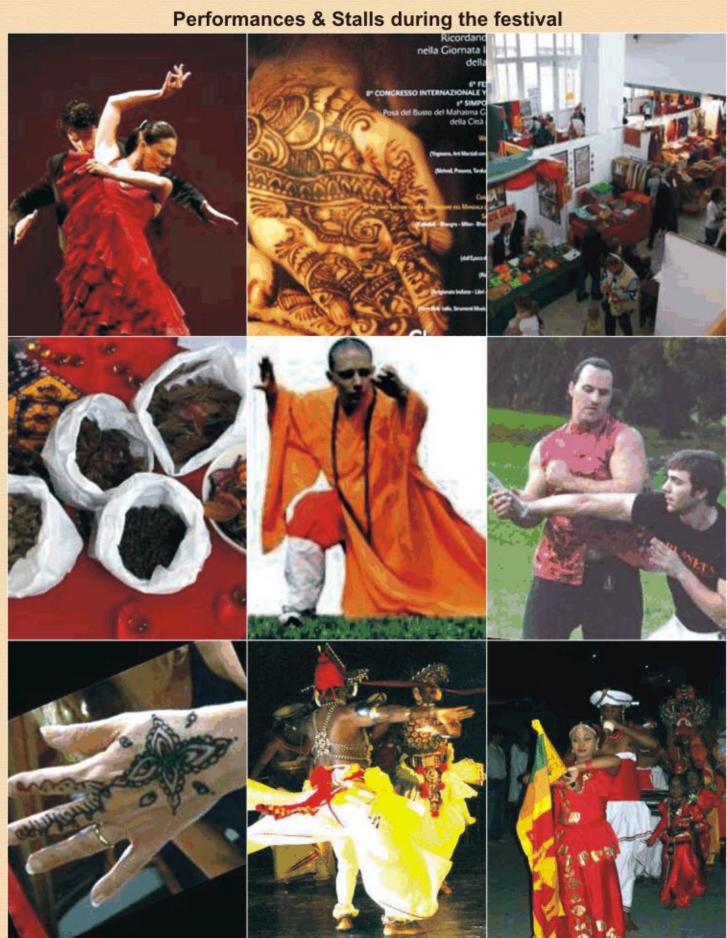
HHM Gayatri Devi giving away the awards



Ceremonial performance by Buddhist monks

# **Cultural Programmes**





# Performances & Stalls during the festival

















#### REPORT

ON THE INTERNATIONAL DAY OF NON- VIOLENCE

## BIRTH ANNIVERSARY OF MAHATMA GANDHI JI

Installation of Statue of Mahatma Gandhiji 6<sup>th</sup> Festival of the India: East Meets West

**8**<sup>th</sup> International Congress of **Yoga** and **Ayurveda** and

2<sup>nd</sup> Symposium of Spirituality "Rays of Unique Light" was inaugurated in the august presence of

215 eminent Speakers from different Religions, Ayurveda, Yoga & other Traditional Therapies,
Performers, Experts, Artists, Musicians, etc..
from 18 different Nations alongwith thousands of people.

at the

# PARCO CULTURALE LE SERRE DI GRUGLIASCO (TO) – Italy on 2-3-4 October 2009

#### With the Patronages of:

Regional Government of Piemente – Provincial Government of Torino
Local Government of Grugliasco, Italy

General Consulate of India – National office of Indian Tourism "Incredible India"
International Yog Confederation,
The World Community of Indian Culture & Traditional Disciplines
World Movement for Indian Fine Arts, World Movement for Yoga & Ayurveda
European Yoga Federation – C.U.I.D.Y. Italian official Confederation of Yoga
Yog Confederation of India
Women International Network (WIN)

# FRIDAY 2 OCTOBER

18.00	Celebration of the birth anniversary Mahatma Gendhi Ji (Gandhi Jayanti) by lighting the lamp in the presence of the Mercello Mazzù Mayor City of Grugilasco, Italy, Mr. Venu Menon, Vice- Consul of India for, Milen, Shri Vijay Thveri, General Secretary, Yog Confederation of India, Secretary General, International Yog Confederation, Advisor, The Globel Open University, Nagaland, Smt Leami Thakur Singhal, Secretary, Daihi Predesh Congrese Committee, President, World Religious Parliament(Delhi), National President, Women International Network, HH Mahamandaleshwar Gayatri Davi (Emy Blesto) Creator and Artistic Director of the Event and the field Spirituality President of The World Community of I.C.&T.D., HH Mahamandaleshwar Swarni Suryenande(Arnadio Biarchi), Scientific Director of Congress and the President of the European Yoga Federation, the manager of the agency of Indian Tourism Mr. A.M.Basheer, dr. Glanni Oliva Alderman Culture Piemonte Region, dr. Umberto D'Ottavio Councillor School Construction and heritage, building trade, education, Roberto Montà Councillor Culture Municipality of Grugilesco, Mara Guanda and Simonetta Momo respectively president and secretary of the Organizing Committee	Parco Le Serre
16.15	PARADE by the entrance of the Park to the Greenhouses, performed by the Foundation International Culture SHASTRA (Pradeep Shastra), the dence of the Paarl of the Indian Ocean Sri Lanks with percuesions, masks, acrobers and fire, carropies and flag of India, the authorities in the spaces of the Cultural Park the Greenhouses.  CELEBRATION OF THE SAMKALPA WITH FIRE AND MANTRA (everyone left to the fire his own bad habit by writing on a piece of paper and putting it in the fire).  The celebration YAJNA was managed by Shri Vijay Tiweri, HHM.Laxmi Devi, HHM Pandit Geyatri Devi, HHM. Swami Suryananda, Swemi Narayananda, Swami Shankara, Mahatma Krishananda  At the end the Yoga School Dharma of Heri Singh Khatsa and the RANJIT AKHARA GATKA GROUP of the Community Sikh introduced a moment of great smotion: "the Unity in Diversity" making to unthread 192 flags of recognised nations in a great embrace of peace. This touching and suggestive ceremony had a musical performance of elavated mystical sonorities by the great artist Igor Ezendam.  Opening of pavilion craftsmanship, sale (stand) and photographic and satistic exhibition.  Visit of the authorities and beginning of the MANDALA from Tibeten Monks with a rite of purification of the speaces.	Paroo La Sema
	INDIAN TYPICAL BUFFET reserved for the authorities, journalist and guests.	La Nave
16.30	Opening exhibition of puppets KATHPUTLI of the Rejectheni String Puppet Group offered from the General Consulate of India	
19.00	Concert of Shanti Life music and devotional song	
20.00	Representation of a story with the Indian puppets KATHPUTLI of the Rajasthani String Puppat Group offered from the General Consulate of India.  Accensione dell'Indian Light de parte delle autorità ufficiali indiane e italiane presenti	Puppets School
21.00	Lighting of the Indian Light from the official Indian authorities and Italian present.	Chapiteau
21.10	Foundation International Culture SHASTRA (Pradeep Shastra) proposes classical and traditional dances with percusaions, masks, acrobatic exhibitions and fire.	Chalet
22.20	THE TIBETAN MONKS: dances, songs, music of Tibet	Chalet
23.00	Gaystri Mantra - Final Maditation managed by Enry Blesic - Gayatri Devi, and mini-concert of the musician and singer the M* Sri Krishna Das compleded the evening Parco Le Serre	Chalet

#### SATURDAY 3 OCTOBER

10.00 YAJÑA FUCCO E MANTRA YAJÑA FIRE AND MANTRA dedicated to Shakti: Durga, Lakshmi, Santoshi, Kali. The celebration is menaged by Swami Narayananda, MM.Laxmi Takhur Singhal, Sri Vijay Tiwari, MM Pandit Gayatri Devi, MM. Swami Suryananda, Swami Shankara, Mahatma Krishananda. OM AIM SHRIM KLIM

10.00 Opening pavilion, sale in the stands of craftsmanship, catering, photographic and artistic exhibition, continuation of the MANDALA from the Tibetan Monks.

In the pavilion, musicians offer moments of bhajans and Indian sonority.

Ceremony of Purification Vajravidharan performed by Tibetan Monks

Opening exposure stand of craftsmanship, catering, photographic and artistic exhibition, prosecution of MANDALA from Tibetan Monks that will be destroyed at the end of the event.

In the pavilion musicians present moments of bhajan and Indian sonority

Exhibition of the KATHPUTLI's puppets of Rajasthani String Puppet Group offered from the General Consulate of India

10.20 OPENING CONGRESS (Scientific Committee, Representative: Amadio Bianchi, President of the World Movement for Yoga and Ayurveda): Vijay Tiwari Ji Responsable of the Yog Confederation of India, Mahamandaleshwar Laxmi Devi Ji (Laxmi Thakur Singhal) Secretar, Delhi Pradesh Congress Committee

#### "Message of opening"

ORA	CHALET	A 11HALL	YELLOW HALL	VIOLET HALL	BLU GREEN HALL
10.30	Dr. Alberto Chiantaretto  ( Allopatic and ayurvedic Doctor) Italy "Nadivijana and Nadipariksha. The science of the diagnosis of the wrist in the texts of the ayurvedic tradition"	(Historian, expert in traditional cultures of the Far East, European Federation of the Olistic Aesthetic's President) Italy" From the search in the documentary sources of the Classic Ayurveda a contribution for the birth of ayurvedic cosmetology "	Christian Benvenuti Seratino ( Didactic Coordinator and Teacher of the Triennal School for Ayurvedic Operating Abhaya Dana) Italy "Rupa Mukha Ayurvedic Yoga: A ayurvedic program and yogic of beauty for the face"	LABORATOY OF 4 HOURS Swamiji Shankara Saraswati(Spiritual Manager of the Yoga Unishankara Yoga Ashram teacher of Yoga with over 25 years of experience) Brasil*Taraka — The Yoga one of Divin light**	10.30 BLU HALL LABORATORY OF 3 HOURS Renzo Menapace and Carmen Pizzoli (Teachers of the Association Inkarri Italy) Italy, "Breathing Pneuma  10.30 GREEN HALL LABORATORY (3 hours) Federica Capricolio
11.30	GlorgioCerquetti (President of Libera Condivisione ONLUS) Italy "The spiritual message of the Himalaya's Teachers.	Dr Teresa De Monte (Surgeon, M.Phil in Ayurveda Medicine, Univ. of Pune – India) Italy "Ghee, Samneh, Ont: tre ways to say clarified fused butter"	Monica Baldassini ((Export Operator In olistic disciplines and beautician)italy Protocol applied for the Joint Stock Company and the Centers of aesthetics for a true "aesthetical ayurveda", with practical demonstrations		(Ceramist and danceur) Italy Ceramicist"the tree of the life"
12.30	Sri Ananda Shiva (Yogacharya Roberto Mattel Fondatore e (Yogacharya Roberto Mattel Founder and President of the Associacion ASB Garbha Yoga in Roma) Italy "The Yoga of the Universal Love and Solar energy"	Claudio Marucchi (Researcher and Writer, Graduate in Phillosophy of India and the Far West) Italy "The Tentra of the Srl-Yantra – "The human body made divine"	demonstrations Patrizia De Vita (Ayurvedic Operator) Italy "The Ayurvedic Psychology connected to the Massage" (Operatrici Ayurvediche) Italia "La Psicologia Indovedica collegata al Massaggio"		
14.00	Francoise Freedman (Doctor Anthropologist, Birthillit's Fonder) United Kingdom "The Yoga's role in the pregnancy and Birth"	Gluditta Dembeck(Journalist, Writer) Italy "The Cerlmony of Wesak"	Daniela Pinto (Naturopah, sing therapist, terapista for the emotional blocks's release) italy " Sing and music Therapy, Healing the Emotions in own Sound Blow"		14.00 BLU HALL LABORATORY OF 3 HOURS Renzo Menapace and Carmen Pizzolli (Teachers of the Association Inkard Italy) Italy, "Breathing Pneuma BLU HALL WORKSHOP Dina Dayal Prabhu Das *
15.00	Priest Antony Elenjimittam (Last living discipole of the Mahatma Gandhi. Monk of the Domenican order and priest since the 1939. Spiritual guide, writer and lecturer) India"Yoga and Health Psyco- physical"	Valerio Sgalambro President of the A.N.P.E. (Italian Pedagosist's National Association) of the Regione Toscana Italy "Olistic Pedagogy what attempt of philosophical's thought riconciliation between the East and West	Swami Om Nurtih Sarasvati (Franca Sacchi) Italia"The construction of Inside temple - Auslogies on the construction of the Runnanesque Churches and ithe practise of Yoga" "	Gaetana Lamensa (Bhavana, teacher of the association Daiva Jyoti) Italy "Listening and consciousness"	Cosmic Vibration and Mantra introduced from Bhagavad Gila*  14.00 GREEN HALL  LABORATORY (90 min.) Marco Cioffi (Music therapist) Italy "The Sonorous Massage with the Tibetan Bells

The indian story with the KATHPUTLI's puppets of the Rajasthani String Puppet Group

Offered from the General Consulate of India

Martial art Gatka's show of the RANJIT AKHARA GATKA GROUP, Community Sikh, martial art act's Alkido of the Giacomo Spartaco Bertoletti's GSB TEAM Dances, songs and traditional music of the Tibetan Monks.

SPRINT COURSE OF Indian BHANGRA DANCE (to dance in late evening) with the M° Sukvinder

THE TRADITIONAL TIBET'S DANCES of the Tibetan monk's show Danze, canti e musica tradizionali dei Monaci Tibetani.

16.00	Emy Blesio (Mahalilandaleshwar Yogacharini Pandit Gayatri Devi, President of World Community and International Yoga confederation of Delhi) Italy  "Varutha Kriya Yoga techniques to protect from the tensions and external negativity"	Murshida Dahnya Bozzini-van Gelder ((Spiritual Teacher at the Esoteric School of the Suff International Movement) Switzerland "Suff: Spirituality, Philosophy. Esoteric"	Kalika ((Spiritual Teacher) Italy "The other halves of the apple"	Lorenzo Profeti (President of the "association linkarri Italy) Italy "The Yoga of Christ: the Yoga vision from system pneuma point of view"	16.00 GREEN HALL LABORATORY(3 Hours) Alessia Masera and Federica Masera (Garam Masala Association) Italy "Mehndi – Tatioos to the Henna"
17.00	Dr. José Ruguê Ribeiro Júnior (Mahamandaleswar Swami Narayanananda, President of World Movement for Ayurveda)Brasil "Panchakarma and Yogaterapia: one marvelous experience in an authentic Ashram in Brasil"	José Sergio Griffa (Mahatma Brahmachary Krishnananda, President of the Argentinian Parliament of the Religions) Argentina	Francesco Milito (Founder and president of Yogashala) Italy, "Asthanga Vinyasa Yoga: strength, sweat, vigor"	Vivek B. Kaur( Yoga's teacher India) "Hinduism: a scientific practise adapt to current scenery"	17.30 GREEN HALL WORKSHOP Stefania Uva(mehtod Feldenkral's Teachers) Italy "The Yoga according to Feldenkrals"
18.00	Amadio Bianchi (Mahamandaleshwar Swami Suryananda Saraswati, President of World Movement for Yoga and European Yoga Federation) Italy "Relationship between the memory and the health"	Ramia Dr Roberto Rodighiero(Monk of Universal Soul) Italy "The five secrets chakra – A bridge between oriental mysticism and e christianity in the Swami Roberto's teaching"	M°Sri Rohininandana Das Monk of 34° Generation, Shaoiln teacher, Champion world 2000 Italy "Ton-Zi-Gong, Yoga Buddhist Shaoiln, or the Kung-Fu of the little boy"	Radha Priya Dasi(Presidene and didactic,artistic manager of E-Motion Arts Academy) Italy"The 5 Tibetans"	
19.00	Dr. Priyadarshan Joglekar India "To Treat the Marmas in Ayurveda, as tool of healing"	H.G. Sri Sarvabhavana Sarvabhavana ( Mystical Indian of thevedic tradition Bhakti) India "Mantra: the healing's Energy in the Sacred Sound " (Mistico Indiano della tradizione Vedica Bhakti)	Alexander Hau Singh Valencia  ( Ayurvedic Operator ) Hispano-Indo Nepalese "Ayurveda and Kalaripayattu: The old art of Marmas, discipline to achieve the psyco- phistical and spiritual balance " "	Federica Caprioglio(Ceramist and danceur) Italy*From the Earth to the sky, dance of etnic expression"	

The course is described through:

17.00 Yoga: with the teachers Roberto Milletti, Francesca, Yoss of Odaka School (Roma) and the Bikram Yoga School (Los Angeles), Umang Dawn (India), M° Priya

Kalaripayattu Martial Art (regards to Ganesh): Alexander Hau Singh Valencia, Nepal

18.30 Kali Martial Art : Gianmario Mele and Luca of DSS National

Gatka Martial Art of RANJIT AKHARA GATKA GROUP with the M° Hari Singh Khalsa - Sikh community

20.30 Chinese Martial art: Shaolin with the M° Rohininandana, the M°Murari Caltanya and the M°Radha Priya

Japanese Martial Art: Ju Jitsu with the M° Bertoletti and his Samurai group.

Special Guest Federico Planeta official double of STEVEN SEGAL

and.... To close the evening with all get out energy.... That's right

22.30 THE POWERFUL AND BUBBLY BHANGRA DANCE with the group of the M° Sukvinder (Punjab, India). All participated in the involving dance that ended the evening (fast course of Bhangra in the afternoon at the Chapiteau for who wanted to loose in the involving Punjabi rhythms)

#### SUNDAY 4 OCTOBER

#### 10.00 YAJÑA FIRE AND MANTRA dedicated to SURYA the Sun God

The celebration is accomplished by HHM Pandit. Gayatri Devi, HHM Swami Narayananda, Shri Vijay Tiwari, HHMLaxmi Takhur Singhal, HHM. Swami Suryananda, Swami Shankara, Mahatma Krishananda. Sun Mantra (Surya Vandana)'s recitation.

The Hari Singh Khaisa's Dharma Yoga school with the Community Sikh introduced a moment of great emotion: "The Unity in the Difference" making unthread 192 flags of all recognized Nations in a big embrace of peace to the cry." Peace reigns in the World". This touching and suggestive ceremony had as base the elevated mystical sonorities's musical performance of the great artist like Igor Ezendam and others.

Opening exhibition area, sale in the stand of handcraft and catering, photographic and artistic exhibition, pursuit of MANDALA from Tibetan Monks that will be destroyed at 19.00.

In the trade show musicians with bhajan moments and sounds of India.

#### Lighting of the Indian Light

#### START SYMPOSIUM OF SPIRITUALITY "RAY OF UNIQUE LIGHT"

Creator and Presenter Emy Blesio MahaMandaleshwar Yogacharini Pandit Gayatri Devi, President of World Community and President of International Yog Confederation and Festival of the India's creator. Introduction and motivations of the Symposium and intervention

#### SANATANA DHARMA

Italy

#### 10.30

INDIAN CHRISTIANITY: Father Antony Elenjimittam (Last living disciple of Mahatma Gandhi. Monk Dominican order and priest since 1939. Spiritual guide, writer and lecturer). India

ORDEN BONARIA: The Prince of Septimio-Bathzabbay El Tadmur (Grand Masterof the Bonaria Orden), Spain.

HINDUISM: José Sergio Griffa (Mahatma Brahmachary Krishnananda, President of the Argentine Parliament of Religions) Argentina

SIKHISM: Bhai Hari Singh Khalsa. (founder of the Yoga Dharma representative of the Indian Sikh community residing in Italy, an official member for 8 years, the Council of the religions of the Municipality of Rome) Italy

ASHRAM IN WEST Fondatore della scuola Yoga Dharma rappresentante della comunità indiana Sikh residente in Italia, membro ufficiale, per 8 anni, della Consulta delle religioni del comune di Rome) Italia

ASHRAM IN WEST Swami Omkarananda (experience of an ashram in the West ) Spain

SUFISM: Murshida Dahnya Bozzini-van Gelder ( Spiritual Teacher in the Esotaric School of International Sufi Movement) Switzerland

YOGA: Amadio Bianchi Mahamandaleshwar Swami Suryananda Saraswati, Presidente World Movement for Yoga e European Yoga Federation) Italy

ORTHODOX CHRISTIANITY: Archbishop Monsignor Alfredo Montrezza (Priest Orthodox Catholic, publisher, writer. Senescal Grand Royal and Imperial House of Orienti Argentina

Theosophy: Leonardo Sola (LUT - Tibet)

TIBETAN BUDDHISM: Geshe Naguiang Tsering (Master and Astrologer) representing His Holiness the Dalai Lama Dalai Lama.

ISLAM: Mimoun Abdel-Lah (Sensei and Yogacharya) Morocco

JUDAISM and KABBALAH: Cristina Unterberger () Italy

TEOSOPHY: Leonardo Sola (L.U.T. - HP Blavatsky Theosophical Study Center)

JUDAISM AND CABALA: Cristina Unterberger (Jewish mysticism), Italy

JUDAISM AND CABALA: Cristina Unterperger (Jewish mysticism), Italy						
Ora	CHALET	A 11 HALL	YELLOW HALL	VIOLET HALL	BLU HALL&GREEN	
10.30	Spirituality Symposium: "Rays of the Inique light" Creator and Manager Emy Blesio	Dr. Indu Arora (Ayurvedic physician) Mudra, language of hands, face and body India	Dr. Mario Di Grazia (Founder of the Samveda Associacion)Italy "Tantric Yoga – The way without effort"	Stefania Uva (Feldenkrai Methods's Teachers) Italy "Bones dancing a practice for osteoporosis"	10.30 HALL GREEN SALA LABORATORY (3 Hours) Federica Caprioglio (Ceramist and dancer) Italy Ceramic The Tree of	
11.30	(Mahamandal eshwar Yogacharini Pandit Gayatri Devi, President of Yoga World Community and International Confederatio n of Delhi) Italy	Gabriella Lavorgna(Founder and President of the Mandir of Peace) Italy "The urgency of the confrontation between East and West"	Paola Cantù(Naturopath) Italy "The mystery of self through the body: the natural pathways of transformation"	(Founder and president of Danceland) Italy" The Yoga in the Pilates"	Life"	
12.30		Sw. Prem Almast Vittor Mario Ing. Bordogna (chemical engineer met Osho in 1987 in Pune, and becomes sannyasin)Italy "The armonic convergence, The synchronicit and the chakras's process union"	Juan Carlos Acuna Gaso (Counselor of the World Movement for Yoga) Uruguay "Uruguayan Massage"	Mario Lazzari ( Brahama Vidya Associtzion's Teacher)  Italy 'Anti-gymnastics"		

14.30	Swamiji Shankara Saraswati(Spiri tual Director of the 'Unishankara Yoga Ashram Yoga Teacher with over 25 years of xsperience) Brasil "Taraka the Yoga of the Divine light"	Guldo Nathan Zazzu (Founder and Director of Genoa Ayurveda centre) Italy  "The Ayurveda found in some texts of medieval philosophy"	Silvia Salvarani (Power Yoga Teacher) Italy "Empower Yoga -" Reactivate your life energy"	Antonella Zagaroli(Poe tand president of the Laurea Association) Italy	14,30 BLU HALL LABORATORY (3 Hours) Filomena Sicilia (Presidente dell'Lakshmi Yoga Association) Italy "the Mith and Femminine Archetipic in the Yoga"
15.30	Yogacharya Mimoun Abdel- Lah (Vice president of the World Movement for Yoga and Martial Art Treacher of ninth dan hanshi) Spain "Similarities between Yoga and Martial Art"	Bhai Hari Singh Khalsa (Bala Yogi, Founder of the Yoga Dharma Community) Italy "Kundalini Yoga, Tantra and Dharma Yoga"	"Giuseppina Ledda (Ayurvedic Therapist) Italy "The 152 maneuvers of Ayurvedic Massage"	FROM 15.30 TO18.30 Virginia Guerra (Obstetrics) Italy Cristiana Bertotti (Educator) Arlanna Fucarino, Italy Eusebio Prabhat (Editor) "The Not violence in the path of birth and sisterhood at the delicate moment of transition from woman to mother" Germany	

NATYA YOGA the Yoga thought dance with Angela Panosini , dynamic meditation (45 min.)

Sharmila Sharma and Puddoo Sweety Jessica in a show of dance KATHAK

Igor Ezendam in concert music for the soul (30 min.)

Hours	CHALET	A 11	YELLOW HALL	VIOLET HALL	BLU HALL&GREEN
		HALL	FELLOW HALL	VIOLET HALL	
16.30	Dr Prof Subhash Ranade (President of the International Academy of Ayurveda in Pune and Goa) India India "Ayurvedic Diagnosis"	Roberto Miletti (Founder of ODAK Oriental Disciplines Kyo Arashi Academy and corresponding Oceania for the World Movement for Yoga) Italy " Practic Introduction to the Contemporary Yoga"	Gruppo Ananda Bhairav (Representatives of the school Brhama Vidya) Italy "Emotional vibrational Songs"		16.00 GREEN HALL LABORATORY (3 HOURS) Alessia Masera and Federica Masera  ( Garam Masala assoclation) Italy "Mehndi – Henna's Tatoo"
17.30	Yogacharya Tino Amandio (President of the Portuguese Federation of Classic Yoga) Portugal "Yama and Nyama"	Joachim F. Nusch Ganush(Founder of the Vedarma Institute) Germany "Jyotish and the Vedic knowledge"	Francesca Cassia and Yoss Giancarlo Miggiano Italy "Contemporary Yoga"		
18.30	Swami Omkarananda, Spain "Altered states of consciousness : The seven Bumikas of the Vasishta Yoga"	Swami Ishananda Saraswati (Founder, President and Acharyan of the Yoga's School Kalpa Vriksha Satyananda "") Italy "Yoga and Handicaps in the rehabilitation from dependence on psychoactive substances	Marco Insalata ( TI JI Quan Teacher)	Claudio Pipitone(Teacher of the Brahama Vidy Assocition)  Italy " Endogenesis Zeni"	

Simona Zanini demonstration of indian dance BHARATA NATYAM (30 min.)

THE TRADITIONAL DANCE OF TIBET Tibetan Monks's Show

DESTRUCTION OF THE MANDALA from TIBETAN monks and distribution of the colours powders.

Teacher Sri Krishna Des's Concert

SHOW ON THE TRACKS OF THE INDIAN GIPSY. The course is described through: Yoga: M° Yoss of the school Odaka (Rome) and the school Bikram Yoga (Los Angeles), Umang Dawn (India)

Bharata Natyam dance: Simona Zanini e Mauro Danesi

Kathak Dence: Shanmila Shanma e Puddoo Seesety Jessica (Jaipur, Rajasthan, India) Race Sharqi: The Rose of the Desert group

Flamenco: Flamenco Tablao group

The Indian gypaies eaceped away from the Islamic persecutions. They told the histories of the Purenes in the squares and roads like a storyleilers (Kathaka), direct him toward Europe dividing himself in two principal branches. One that self toward Europe of the Center-north (Bulgaria, Hungary, Rumania) and other than passing through Turkey, the north Africa, goes to finish their disepore in the Andalusia. In this show he considers this last departing from the most encient and classical dance Bharate Natyam, passing through the grandmother of the flemenco, the fascinating dance Kethek, keeping on also englobing the perturbing dence (bellydence) Rags Shargi, to finish in the flery Flemenco.

#### Meditation of closing with the mantra Sri leopanished

Conducts MM Yogacharini Pandil Emy Bleslo Gayetri Devi

om pürnam adah pürnam klam pürnät pürnam udacyate pürnasya pürnam ädäya pürnam evävasigyate

om santih santih santih om

This is Perfect That is Perfect the Perfect born from the Perfect if you remove the Perfect from the Perfect, the Perfect remains

0-0=0. 0+0=0. 0:0=0

0 x 0 = 0 Om Peace Peace Peace



## HH Mahamandaleshwar Yogacharini Pandit Emy Blesio (Gayatri Devi)

#### President:

International Yog Confederation, The World Community of Indian Culture & Traditional Disciplines, WORLD.M.I.F.A. World Movement for Indian Fine Arts, C.U.I.D.Y.Confederazione Ufficiale Italiana Di Yoga, President of Suryanagara, Centro Internazionale di Yoga, Arte, Cultura

#### Creator & Art Director:

Festival dell'India - Forum – Milano, Symposium "Ray of a Unique Light" "Raggi di un'Unica Luce"

Ambassador:

E.Y.F. European Yoga Federation, WORLD M.Y.A. World Movement for Yoga & Ayurveda, Orden De Santa Maria De Los Buenos Aires, Argentina International President:

Women International Network(WIN)

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## FOCUS ON: AYURVEDA & NADA YOGA'S SEMINAR OF TWO DAYS PARTICIPANTS: 215 eminent speakers from 18 different Nations

Argentina (2)

Mahaima Brahmachary Krishnananda. José Sergio Griffa Archysectyo Masigner Alfredo Mingolia Montrezza.

José Ruguê Ribeiro Júnior Shankara Saraswall Swami Sonia Liliana Dumpierres de Oliveira

California (8)

Biltram Yoga performers Group

France (3) Shannila Shanna

Purking Sweety Jessica Leure Reimbold

Germany (1) Joachim F. Nuech Ganush

England (i)

Francoise Freedman

Tino Amandio Joachim Tinoli

Alexandra Prezerea

Father Anitony Elenjimittam

Vijey Tiwari HHM Leomi Davi Subheah Ranade Drig Vijey Singh Priyadarshan Joplekar

H.O. Bri Servabhayana Umang Dawn Gopalbhal group Randi Akhara Galka Group

Sukivinder Group Rajesthani String Puppet Group

Vivel: B. Gaur Sonali Shinda

Mepel (1)

Alexander Hau Singh Valencia

Oceania (1) Roberto Miletii

Holland (1) Tiziana Stapel Spain (10)

Mirroun Abdel-Lah Ombarananda Swami Singh Hau Alexander

Principe di Bathzabbay-El Septimio Tedmur TablaoFlamenco

Sri Lanka (16) Pradeep Shastra Group

Switzerland (3)

Murehida Dahmya Bozzini-van Gelder

lgor Ezendam Devi Furtan

Tibet (10) Navang Tsering Monks Group Sherab Dorla

U.S.A.(II) Indu Dr. Arora

Uruguny (1)

Juan Carlos Acuna Gaso

Sergio Plane

Christian Bervenuti Serafino

Giorgia Cercuetti Teresa De Monte Monice Baldassini Roberto Mattal Roberto Milletti Francesca Cass

Yose glandario Migglano Claudio Maruechi

Amedio Bianchii Gluditia Dembeck Daniela Pinto Valerio Sgalambro

Om Nurtin Sarasvati Franca Sacchi

Silvin Salvarani Paola Caniu Patrizia De Vila Marina Pakuladi Sri Krishna Das

Sri Kriana Prents Peolo Totani

Penio Donelisio Lorenzo Saulleri Eusebio Probinst Francesco Milito Lorenzo Profeti Loury Annunella Ancela Panosini

Prem Almast Vittor Mario Ing. Bordogna

Bhai Hari Singh Khalsa Guido Nathan Zazzu Silvia Salvarani Federico Planela Mara Quanda Amedio Bianchi Alberto Chlankretto Paola Cantu

Mara Quervis Sri Rohiningndana Dae Redhe Prive Desi

Ishananda Sarauwati Swemi Claudio Manucchi Gebrielle Lavorona

Sri Amarida Shive Josephin F. Nusco Ganush Giammario Mete e Luca Bertoletti Samural group

Terese De Monte Le Rose del Deserto Company Bhai Hari Singh Khaisa

Alide Del Decen Villor Merio Bordogna Mario Di Grazia Mimoun Abdel-Lah Patrizia De Vila

Murari Callenva.

Federica Caprioglio

Claudio Plotione Filomena Sicilia Antonella Zagaroli Stefenia Use

Money Insalista Marco Cloffi Virginia Guerra Cristiana Berkstil Arianna Fucarino Mario Lazzari

M° Gian Mario Main Chiara Di Martino Rohiningndana Das Prebhat Eusabio Mario Di Grazia

Federica Masers Alexandro Oddera Sw. Prem Paribodha Ramia Dr. Roberto Rodighiero,

Gine Micheletto Leonardo Sola Gruppo Ananda Bhelrev Germana Grassearre Carmen Plzsolli Renzo Menapaca Alesais Nasora

Davide Dina Davoi Prabhu Das

Renato Cadeddu Goetana Lamenea अध्यक्ष

: डा. मनमोहन सिंह

भारत के प्रधानमंत्री

Chairman

: Dr. Manmohan Singh

Prime Minister of India

उपाध्यक्ष Vice Chairperson : Smt. Tara Gandhi Bhattachariee

: श्रीमती तारा गांधी भट्टाचार्य

निदेशक

डा. सविता सिंह

Director

Dr. Savita Singh





गांधी स्मृति एवं दर्शन समिति GANDHI SMRITI AND DARSHAN SAMITI

गांधी स्मृति, 5 तीस जनवरी मार्ग, नई दिल्ली-110 011 Gandhi Smriti, 5 Tees January Marg, New Delhi-110 011



#### MESSAGE

It is a matter of great pleasure to receive a Souvenir scheduled to be released on the birthday anniversary of the Father of the Nation on 2nd October 2009.

A Statue is an expression of the sculptor. This Statue at Parco le Serre Grugliasco (Torino) Italy will, I am sure, inspire people with the message of non-violence and compassion. Mahatma Gandhi's message is a challenge to the truth of the consciousness of the individual.

Mahatma Gandhi now belongs to the entire humanity. With all the people of Italy, I also pay my homage to the greatest creative and spiritual forces of man and nature, of the past and the present, that have kept the spark of eternal love glowing in each one of us.

> (Tara Gandhi Bhattacharjee) Vice-Chairperson, GSDS

New Delhi, the 23rd September 2009

हिंदी अपनाएं, संपर्क बढ़ाएं ।

प्रशासनिक कार्यालय : गांधी दर्शन, राजघाट, नई दिल्ली-110 002 Admn. Block: Gandhi Darshan, Rajghat, New Delhi - 110 002

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e-mail: mkgandhi@del2.vsnl.net.in

## वीरभद्र सिंह VIRBHADRA SINGH



इस्पात मंत्री भारत सरकार नई दिल्ली MINISTER OF STEEL GOVERNMENT OF INDIA NEW DELHI



#### **MESSAGE**

I am glad to know that a statue of Mahatma Gandhiji is being installed at Parco le Serre di Grugliasco (Torino) Italy, via Tiziano Lanza 31 during 'India Festival' from 2<sup>nd</sup> to 4<sup>th</sup> October, 2009 and the World Community of Indian Culture & Traditional Disciplines (Italy), International Yog Confederation and Yog Confederation of India in association with World Events Committee, Italy, are all set for this programme. I am also happy to know that on this occasion a souvenir is scheduled to be released on 2<sup>nd</sup> October, 2009, the birthday of Father of Nation "Mahatma Gandhiji' and International Non-violence Day in Italy.

I wish the Function and the Souvenir all success.

(VIRBHADRA SINGH)





श्रम एवं रोजगार राज्य मंत्री भारत सरकार, नई दिल्ली MINISTER OF STATE FOR LABOUR & EMPLOYMENT GOVERNMENT OF INDIA NEW DELHI



#### **MESSAGE**

I am happy to know that a statue of Mahatma Gandhiji is being installed at Parco le Serre di Grugliasco (Torino), Italy during India Festival from 2<sup>nd</sup> to 4<sup>th</sup> October, 2009. I extend my best wishes on this occasion to the Yog Confederation of India who in association with World Community of Indian Culture and Traditional Disciplines, Italy and International Yog Confederation are organizing this programme on the 140th Birthday of Mahatma Gandhiji, the Father of Nation. The installation of Mahatma Gandhi's statue on his Birthday, I am sure, will spread the message of truth and non-violence to the World, which is so relevant in the present day context of the conflicts existing in the human society.

The presence of various national and international personalities on this occasion, I am sure will give a desired boost to the concept of non-violence preached by Mahatma Gandhiji throughout his life.

I wish the organizers all success in their endeavour and extend my warm felicitations to them on this occasion.

(HARISH RAWAT)



SHEILA DIKSHIT
CHIEF MINISTER



GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI DELHI SECRETARIAT, I.P. ESTATE, NEW DELHI-110002

D. O. NO.: CMO | 2009 | 439 Dated: 26-09-2009

## **MESSAGE**

It gives me immense pleasure to know that The World Community of Indian Culture and Traditional Disciplines. Itlay, International Yog Confederation, World Movement of Yoga and Ayurveda, World Events Committee and Yog Confederation of India are all set to install a life size statue of Mahatma Gandhiji on 2<sup>nd</sup> October, 2009 during India Festival (2-3-4 October 2009) to be organized at Parco Le Serre Di Grugliazco (Torino), Itlay, via Tiziano Lanza 31 A souvenir is also scheduled to be released on the occasion of International Non-violence Day.

I am sure that life size statue of Father of Nation of India would continue to inspire people to follow the path of peace, non-violence, brotherhood and harmony.

My best wishes for success of entire endeavour.

(SHEILA DIKSHIT)

Duco Dutine



# दिल्ली प्रदेश कांग्रेस कमेटी رئى يرويش अश्रूर्थ कांग्रेस कमेटी DELHI PRADESH CONGRESS COMMITTEE

JAI PRAKASH AGARWAL, MP



Dated: 24.9.2009

Dear Laxmi Thakur Singhal Ji,

I am extremely happy to learn that a statue of the Father of the Nation Mahatma Gandhi Ji is bejing installed at Parco le Serre di Grugliasco in Torino (Italy) during the India festival, to be held from October 2 to 4, 2009. It is very commendable that the World Community of Indian Culture and Traditional Disciplines (Italy), International Yog Confederation and Yog Confederation of India, in association with the World Events Committee (Italy), have taken the initiative for this programme.

Gandhi Ji's simple, disciplined life was his message which holds universal relevance. I am sure the installation of Mahatma Gandhi's statue will inspire millions of people to absorb and practice his message. I am also happy to note that a souvenir will be brought out on October 2, the birth anniversary of Mahatmaji, which, I am sure, will be a very valuable compendium of his messages and high thinking, which common people could apply in their every day life.

I extend my best wishes for the success of your commendable venture.

With regards,

Yours sincerely,

(Jai Prakash Agarwal)

Smt.Laxmi Thakur Singhal, Programme Co-ordinator, Yog Confederation of India.

गतीब भवन. 2 राउत् एवंन्यू, डी.डी.यू. मार्ग, नजदीक रामचरण अग्रवात चौक (आई.टी.ओ.) नई दिल्ती-110002 दूरभाष : 43534302, 43534304, 43534305 फैक्स : 43534303 निवास : 23388188, 23388288 Rajiv Bhawan. 2 Rouse Avenue. D.D.U. Marg, Near Ram Charan Agarwal Chowk, (ITO), New Delhi-110002 Off.: 43534302, 43534304, 43534035 Fax : 43534303 Res.: 23388188, 23388288 E-mail : maildpcc@gmail.com Website : www.dpcc.co.in

### Cpt. Jainarayan Prasad Nishad Member of Parliament (Lok Sabha)



5, Balwantrai Mehta Lane, Kasturba Gandhi Road, New Delhi-110001 Ph.: 011-23348120

Ref. No.....

Dated 26-9-09



### **MESSAGE**

I am in receipt of your letter for a message for the Souvenir being released on 2<sup>nd</sup> October at the **India Festival in Italy**.

Mahatma Gandhi's life is his message. He practiced what he preached. It is based on the ancient Indian belief that "Truth alone Triumphs". The world needs this belief today and in order to overcome all the major challenges, be it world peace, equitable distribution of wealth, terrorism or the environment. These can be tackled only with a firm belief in Non-Violence, a word for which Mahatma Gandhi is a synonym.

I am sure the installation of Mahatma Gandhi's statue in Italy will inspire people to absorb and practice his message.

I welcome the efforts of International Yog Confederation, The World Community of Indian Culture and Traditional Disciplines, Italy, Yog Confederation of India and World Events Committee for Global Peace and Harmony.

With best compliments.

Cpt. Jainarayan Prasad Nishad

In it

To

Smt. Laxmi Thakur, Prog. Coordinator, Yog Confederation of India, New Delhi.







MESSAGE

Mahatma Gandhi was an embodiment of peace and nonviolence, remembered all over the world for his commitment to serve the cause of the people, transcending all barriers of caste, colour or creed.

The teachings of Mahatma Gandhi and his lofty ideals are relevant for all times to come to save humanity from the scourge of sufferings, deprivations and poverty.

I am glad that a statue of Mahatma Gandhi is being installed at Parco le Serre di Grugliasco (Torino), Italy on 2nd October, 2009 at the initiative of International Yog Confederation and Yog Confederations of India in association with World Events Committee.

I send my best wishes to the organizers of the event on the auspicious occasion of the Birth Anniversary of Mahatma Gandhi.

Shashi Bhushan ex-M.P.

Phone .: 26569946

Telefax .: 26560108 SECULAR HOUSE (Opp. JNU East Gate), 1, Aruna Asaf Ali Marg, New Delhi - 110067.

26867617



## Dr. Bhishma Narain Singh

### **MESSAGE**

I am happy to know that a Statue of Mahatma Gandhi is being installed at Parco le Serre di Grugliasco Italy during 'India Festival' (2-3-4 October, 2009).

Mahatma Gandhi is remembered today for the outstanding contribution he made not only to the freedom of India, but to the caused of World Peace. He taught us the doctrine of non-violence, not as a passive submission to evil, but as an active and positive instrument for the peaceful solution of international differences.

I very much appreciate that the World Community of Indian Culture & Traditional Disciplines (Italy), International and Yog Confederation of India in association with World Event Committee, Italy are participating in the above mentioned programme and a Souvenir is scheduled to be released on 2 October, 2009.

I wish this extremely important event a grand success,

(Dr. Bhishma Narain Singh) Former Governor and Union Cabinet Minister (Govt. of India)

Smt. Laxmi Thakur Singhal Programme Co-ordinator, YCI, New Delhi.

## R.N. Chandeliya

Secretary, Indian Overseas Congress.
Chairman, Dhara (an Environment Protection Organisation)
Former Director, Delhi Tourism & Transportation Corporation
Former Member of Delhi Metropolitan Council (MLA)



AG-4, Peshwa Road, Gole Market, New Delhi - 110 001 India saveozonelayer@yahoo.com tirangaindia@gmail.com



Dear Mr. Tiwari,

I am thankful to you for inviting me to attend the 'India Festival" scheduled to be held from 2-4-October, 2009 atParco le Serre di Gruliasco Italy but due to my prior engagements it will not be possible for me to attend the same. I wish you and the organizers all the succeess.

The WHO has defined health as a state of complete physical, mental, social and spiritual well being, and not merely absence of disease or infirmity. Preamble to WHO constitution also states that enjoyment of highest standard of health is a fundamental right of every human being.

In the words of Herophilas (a contemporary of Plato) When health is absent, Wisdom cannot reveal itself
Art cannot manifest, Strength cannot fight
Wealth becomes useless, and intelligence cannot be applied

Tough the world have achieved highest and unprecedented success in the field of medical sciences but even then we need to rediscover our ancient science of yog to bring our lost wisdom and strength for energizing our mental, spiritual and physical status so that we can maintain mental peace and international harmony on our beautiful planet.

As a concept of 'Peace' the ideals of Mahatma Gandhi, Yog and Global Peace, are interlinked with each other. World peace leader Mahatma Gandhi, practiced the weapon of non-violence, by controlling his body, and mind through self discipline called "yog".

Since centuries, Yog is being practiced by million of people in India to fight against aging, stress and diseases.

Similarly the great ideas of Mahatma Gandhi can also create an atmosphere of brotherhood, friendship and ultimate world peace .

I highly appreciate the efforts of Yog Confederation of India and International Yog Confederation for promoting yog, world peace and ideals of Mahatma Gandhi.

R. N. Chandeliya

Shri Vijay Tiwari, Secretary General, International Yog Confederation, Italy.



يم بعث الرض الرجم
Jamiat Ulama i Hind
1-Bahadur Shah Zafar Marg,New Delhi-110002 المحافظة مارك المارك
Ref. No
24/09/09 يUHUP2009 بسم الله الرحين الرحيم
آج تمام دنیاامن کی جماع ہے اور ہرز ماند جس بھاج رہی ہے، بغیرامن کے شکار وبار کرنے والا کاروبار
كرسكنا ب ندملا زمت بيشرآ دى ملازمت كرسكنا ب اورنداسكول اوركالجول مين يرْجة برع هائے كاسلىلە قائم
ره سکتا ہے خوش بنا اس کے شاوک آتی کر سکتے ہیں اور شاکوئی ملک ہی آگے بڑھ سکتا ہے اس کی اس اہمیت
کا حساس قر آن کریم ہے جمکواں طرح ملاہ کہ جب حضرت ایرا جم علی نہینا وعلیہ السلام نے مکہ معظمہ کے
لے دعا کی کی بی توسب سے پہلے ہی دعافر الی وب اجعل هذا بلداً آمذا ۔اب پروردگاراس
شمرکواس والاشہر بنائے اور امرواقع بھی بھی ہی ہے کہ بغیراس کے بتر تی تو دور کی بات ہے کوئی شہرآ باوٹیس ہوسکتا
اس لئے ہرند ہب بیں امن کو بڑی اہیت دی گئی ہے، قر آن شریف بیں اُخہ نسس نامی ایک شخص کا
بدامنی پھیلائے کے سلسلے میں ذکر آیا ہے جولوگوں کواوران کے کھیتوں کو نقصان پہنچا تا تھااس پرانڈ نے فرمایا
ب كدالله فساد (بدامني ) كو پيندنيين فرماتا ،اس لئے اس حقيقت كو بار باركها جاتا ہے كداسلام برطرح كي
بدامنی اور دہشت گردی کے خالف ہے اور حقیقت بھی بھی ہے۔
مير علم ميں بير بات لائي گئي ہے كه انفريشش ايو گافيڈ ريشن دنيا هيں بدائشي كودوراورا من وآشتى كو قائم
كرنے كے لئے سرگرم عمل بے نيز كا غرطى فى كى عدم تشدداورا جناكى تعليم سے دنيا كوروشناس كرنے كيلئے كام
كررباب اوراس كاميدان عمل بندوستان سے افلى تك كھيلا ہوا ہاس لئے شرائ تح كيكى و نياش امن
قائم کرنے کی اس کوشش کی تا ئیر کرتا ہوں اوراس تحریک کے تمام ذمہ داروں کو اس بہترین اقدام پردل کی
گرائیوں سے مبارک بادیش کرتا ہوں نیز اپنے تعاون کا لیقین والتا ہوں

Phone.: 011-32436916 Fax.: 011-23724540 Mob.: 9313011840,9891961134 E-mail: info@jamiatulamaihind.org

(مولانا)سيدارتلدمدنی صدرجعة علاء بند

In the name of Allah who is most beneficent and merciful. Today world is looking for peace. Nothing can be achieved without peace and no Nation or civilization can progress without peace. Quran says, even Hazrat Ibrahim AW prayed to Allah for peace of the people of Mecca. Every religion emphasizes on peace.

I praise the efforts of Yog Confederation of India, International Yog Confederation and other organizers who are trying to spread the message of Gandhiji for Global Peace and harmony. I declare and assure of my support to this mission for the noble cause.

Maulana Syed Arshad Madani President, Jamiat-Ulma-i-Hind New Delhi.



#### SIRAJUDDIN QURESHI PRESIDENT

## India Islamic Cultural Centre

87-88, Lodhi Road, New Delhi - 110 003, INDIA Phone: +91-11-43535353, Fax: +91-11-43535358 E-mail: info@iiccentre.org Website: www.iiccentre.org

## **MESSAGE**



It is a matter of great pleasure for me to be associated with "India Festival", a reflection of Gandhian principles being organized by International Yog Confederation and Yog Confederation of India in association with World Events Committee, Italy.

The event like releasing the souvenir on 2<sup>nd</sup> October 2009, the Birthday of Mahatma Gandhiji, International Non-Violence Day in Italy would be highly appreciated all over the world. Given the current state of affairs, we may say that Gandhi was "an unbelievable amalgam of rose petal and cast steel". The relevance of his message of Non-Violence is more relevant today. There would be harmony all over, if his message is followed in true sprit.

I wish the organisers all success.

(SIRAJUDDIN QURESHI)

Ali Aadil Khan

G-222, Nanak Pura, Opp. Anand Niketan, New Delhi - 110 021 (INDIA)



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E-mail: akhan\_adil@rediffmail.com
asianunion2010@yahoo.com
Website: www.au2010.org

#### MESSAGE

It is our responsibility to give to the society the best in us and make every effort to spread the message of universal peace and understanding. It is true that all around us evil has raised its ugly head and the distinction between good and bad is becoming day by day more difficult. In such an environment it is very important to keep the torch of goodness burning bright so that a way out of the darkness that is surrounding us can be found. Evil begets evil: Greed is the mother of all evil and in today's context yog offers the world a path to freedom from all greed. This is also the message of Islam. From time to time messengers of peace have spread the message of love and devotion to truth so that we may live a life of peace and harmony and bring an end to injustice and oppression. Today the International Yog Confederation and Yog Confederation of India are carrying forward this message across the world. My heartiest congratulations to Her Holiness Mahamandaleshwar Gayatri Devi (Emy Blesio from Italy), President IYC along with His Holiness Swamy Suryanand, Vice-President (Europe) IYC, Shri Vijay Tiwari, Secretary General, IYC, Ms. Laxmi Thakur Singhal and Vikram Datt who have made praiseworthy efforts to promote the cause in India.

Our particular thanks are due to the Mayo of Grugliasco, Torino, Italy for installation of life size statue of Mahatama Gandhi in Italy on his birthday in October, 2009. Mahatama Gandhi is the embodiment of non-violence, peace and universal brotherhood based on love and sacrifice for world. He is the best example of we have in contemporary history of one who lived and died for Yog. His statue on the soil of the ancient land of Italy where history stands still is a tribute to all those who see the human efforts as a reflection of the triumph of truth over falsehood.

To Smt. Laxmi Thakur, Prog. Coordinator, You Confederation of It

Yog Confederation of India, New Delhi. (Ali Aadil Khan)

## Begum Ayesha Khwaja

Poet and Writer
Daughter of
Late Hafiz Mohd. Ibrahim,
Hero of India's freedom struggle and
Cabinet Minister in Shri Jawaharlal Nehru's Government



C-II-43, Sector 31, NOIDA, UP, India

MESSAGE

What the world today needs most is the message of love and truth which is the heart of all faith and devotion.

Muhammad (God's Peace and Blessings be upon him!) once asked his followers - "Do you love your creator?" Then he answered the question himself in these world - "Love your fellow beings first."

The Quran says -

"High above all is God, the King, the Truth!

And, the Vedas say -

"God has Truth as the Law of His Being."

If we just devote ourselves to spreading of love and truth, the world will become a better plce to live in. Let us today dedicate ourselves to these ideals once again.

To

Smt. Laxmi Thakur, Prog. Coordinator, Yog Confederation of India, New Delhi. 2/2/2/2

Begum Ayesha Khwaja



### ALL HANDICRAFTS EXPORTERS ASSOCIATION

Regd. by (Govt. of India)

Ref.No.

Date 25.09.2009

To Mr. Vijay Tiwari Ji International Secretary General International Yog Confederation New Delhi Incia



### MESSAGE

Dear Sic

- I am very qlad to know that INTERNATIONAL FOR CONTRIBUATION is going to place the statue of Father of Mation Late Shri Gandhi ji in Tornio (Italy) on the occasion of Gandhi Jayanti 02<sup>nd</sup> October, 2008.
- I have no doubt that International Yog Confederation is taking great efforts for the noble cause of spreading the multifaceted personality of Gandhi ji and more importantly his contribution to India's freedom struggle.
- I hope that the foundation will continue contribute in this noble cause in various other countries of the world and myself and ALL HANDICRAFTS. EXPORTERS ASSOCIATION, which are also working on International Level, are always standing in support of your foundation.
- I extend my warm greatings for the overwhelming success of the function and felicitations to international Yog Confederation.

Thanking you

Chairman

ALL HANDICRAFTS EXPORTERS ASSOCIATION

0091-981:815882/ 9811815811

Regd. off.: 403, Ground Floor, Pocket-4, Sector-11, Dwarka, New Delhi-75 (India) Tel.: +91-11-64996604 Correspondence Office: 617, Jaina Tower-I, Distt. Centre, Janak Puri, New Delhi - 110 058 Tel.: +91-11-41589790, 41589791, Fax: +91-11-41589390

E-mail: ahea@rediffmail.com



# भारतीय ज्योतिष, योग एवं आयुर्वेद अनुसंधान केन्द्र

नापासर, बीकानेर (राजस्थान)

दिल्ली कार्यालय : 516, वी.पी. हाउस, रफी मार्ग, नई दिल्ली-110 001



25.09.2009

राष्ट्रिपता महात्मा गांधी कपिल मुनि, महर्षि पतंजलि, वैदिक एवं श्रीमद् भगवत गीता से योग का निचोड़ निकालकर इङा, पिंगला, सुषुम्ना, नाड़ी द्वारा प्राणायाम व पृथ्वी, जल, तेज, वायु एवं आकाश तत्व का ध्यान करके उपासना करते थे। विश्व सार तंत्र में लिखा है कि शिवजी ने पार्वतीजी को बताया था कि तुरीय संध्या में अर्थात् रात्रि ढाई बजे से प्रातः चार बजे तक या ब्रह्ममुहूर्त में अर्थात् प्रातः चार बजे से सूर्योदय तक पूर्व दिशा में पद्मासन लगाकर आकाशीय पिंडों का अपने अंतकरण में ध्यान लगाकर योग साधना करनी चाहिए।

एक सत्य घटना है कि सन् 1930 में वाराणसी में यौगिक संस्कृत सम्मेलन हुआ जिसमें महात्मा गांधी जी भी पधारे थे। हमारे ब्रह्मलीन गुरूजी गोविन्द देव जी शास्त्री जी भी वहां पर उपस्थित थे। गांधीजी ने हमारे ब्रह्मलीन गुरूजी से पूछा, कि भारत को स्वतंत्र कराने के लिए कौन से योग का या मंत्र की साधना करनी चाहिए। ब्रह्मलीन गुरूजी ने सभी विद्वानों की सलाह करके योगों का सार निकालकर दसों महाविद्याओं में आठवीं महाविद्या स्तम्भन शक्ति मां बगलामुखी योग का उपदेश दिया जो शंखिन नाड़ी में आत्म रहित है और अलगाववादी तत्वों को दूर करने के लिए उपरोक्त योग की उपासना करने का उपदेश दिया। गांधी जी इस योग को बराबर रात्रि में करते थे एवं इस योग के द्वारा उपासना करके पन्द्रह अगस्त उन्नीस सौ सैतालीस में भारत को आजाद करवाया।

शुभाशीष,

पंडित एम.पी. जोशी,

(31) 318 (Daucy

अध्यक्ष

दूरभाष: 9810149598

प्रिय पुत्री महामण्डलेश्वर लक्ष्मी देवी जी, नई दिल्ली

Gandhiji was a great practitioner of Yog and it was his strength. He was able to achieve such heights only because of Yog. Today his birthday 2nd October is celebrated as International Non-Violence Day all over the world and he has become a symbol of Global Peace and Harmony.

According to Pt. M.P. Joshi who is disciple of great Yogi Govind Devji Shastri, in 1930 Mahatma Gandhiji attended a convention of Yog and Sanskrit at Varanasi where he discussed about Yog and Philosophy in detail. Yogiraj Govind Devji Shastri gave him few tips about Yog which helped him in his struggle for freedom. Yogiraj Govind Devji Shastri is supposed to have lived upto 125 years.



### International conference on Gandhi, Yog and Global Peace

International Conference on Gandhi Yog and Global Peace was organised on 2<sup>nd</sup> September'09 just a month before Gandhi Jayanti by Yog Confederation of India at Constitution Club, Rafi Marg, New Delhi.

It is a matter of pride that the Mayor of Glugliasco, Torino (Italy), The World Community of Indian Culture & Traditional Disciplines (Italy), International Yog Confederation, World Events Committee & Yog Confederation of India are all set to install a life size statue of Mahatma Gandhi in Torino.

Many personalities and VIP's with their presence made the day memorable. They all contributed their tribute to the Mahatma Gandhi and emphasized to follow his message of "Non-voilence". Prof. P.R. Trivedi, Pro-Chancellor, The Global Open University, Nagaland said that we need more Gandhi for this nation. He also said that "Gandhi was a leader with strong character and intelligence. He was the leader who worked himself to achieve his goals. He was the perfect example as a role model for the world".

Ms. Alka Lamba, the Secretary, All India Congress Committee (AICC) said that "Gandhi taught the lesson of non-voilence and truth to the people of the World". She said that today we are facing the problem of terrorism and naxals in the country and we can get rid of these only through non-violence. For those of us born in free India, independence means the freedom of speech and the freedom to do what one wills. Our national leaders visualized India as a welfare state, which would not be divided on the basis of caste, religion and creed.

Shri Roshan Lal Arya, an eminent Arya Samaj Leader, Chairman, Seed Corporation, Govt. of Haryana started his speech with Gayatri Mantra and said, Today's generation is following the western culture and globalization but Swami Vivekanand and Dayanand Saraswati insisted us to return back towards Vedas. Today we have forgotten our tradition and culture which can only be revived by going back to Vedas. We should thank to our God that we born on the soil of India which is the soil of saints. They have found a different way of curing the diseases called "Yoga". We can direct this whole world by Yoga. Yoga is not constraint to any religion. It is above all the religion.

Shri Jai Prakash Aggarwal, Hon'ble Member of Parliament and President, DPCC showed his happiness for his participation in the International Conference on Gandhi, Yog and Global Peace. He also said that one can only be envisaged in the pages of history when he does something different from others. Gandhiji was the main stream of the independence of India. His policy of Satyagraha had made him a popular leader of masses and that's why he was successful in his mission.

Shri Harish Rawat, Hon'ble Minister of State for Labour and Employment, Govt. of India said that, it is my pleasure to be here and said that the Gandhi ji showed a new passage of truth and non-violence to the world. If we follow the principles of Gandhji in our day to day life then our society would become free from its evils.

The Conference was attended and addressed by many foreign and Indian dignitaries like Shri Yashovardhan Azad, IPS, Hon'ble Advisor, YCI; HE Nimisha J Madhvani, High Commissioner of Uganda in India; Mr. Igor Melisek, Commercial and Economic Counsellor, Embassy of the Slovak Republic; Mr. Danier Syrdybaev, Minister Counsellor, Embassy of Krygyz Republic In India; Dr. D.R. Kartikeyan, Former Director, CBI etc. Beautiful cultural programme was presented by many artists from various parts of India and certificate of appreciation and mementoes were presented to the people engaged in the promotion and propagation of Yog and Indian Traditional Systems.

Conference was co-ordinated by eminent social worker Shri Vikram Dutt and Smt. Laxmi Thakur Singhal, Secretary, DPCC. Vote of thanks was given by Shri Vijay Tiwari, Secretary-General, IYC. Conference ended with dinner.

## Glimpses of International Conference on Gandhi, Yog and Global Peace

held on 2nd September, 2009 at Constitution Club, Rafi Marg, New Delhi organised by Yog Confederation of India



Shri Vijay Tiwari, Secretary-General, IYC, lighting the lamp with Smt. Laxmi Thakur Singhal, Secretary, DPCC, Shri Roshan Lal Arya, HH Mahamandaleshwar Gayatri Deviji, President, IYC; HH Swami Suryananda, Vice-President, IYC



Smt. Laxmi Thakur Singhal, Secretary, DPCC, welcoming H..E. Nimisha J. Madhvani, High Commissioner of Uganda in India.



On the dias (from left to right) Shri Harish Rawat, Hon'ble Minister of State for Labour Welcome of Mr. Igor Melisek, Commercial and Economic Counsellor, Embassy of the and Employment, Govt. of India, HH Gayatri Devi, Shri Jai Prakash Aggarwal, Hon'ble M.P. and President, DPCC, HH Swami Suryananda and Baba Lal Singh



Slovak Republic by Shri Vijay Tiwari and Smt. Laxmi Thakur Singhal



Welcome of the Foreign Delegates by our volunteer



Shri Naresh Swamy, National Coach, Yog Confederation of India welcoming Mr. Daniar Syrdybaev, Minister Counsellor, Embassy of the Kyrgyz Republic in India.



Shri Vikram Dutt, eminent social worker giving welcome note address



Shri Harish Rawat, Hon'ble Minister of State for Labour and Employment, Govt. of India, addressing the conference



Shri Jai Prakash Aggarwal, Hon'ble Member of Parliament and President, Delhi State Ms. Alka Lamba, Secretary, All India Congress Committee addressing the conference Congress Committee addressing the conference



Shri D.R. Kartikeyen, Ex-Director (CBI), addressing the conference



Prof. P.R. Trivedi, Pro-Chancellor, The Global Open University, Nagaland addressing the conference



Lala Ram Kanwar Gupta, Hon'ble Chairman, Ramjas Foundation addressing the conference



Shri Yashovardhan Azad, IPS, Advisor, Yog Confederation of India with Shri Vijay Tiwari, Secretary-General, IYC.



Ms. Sonali Sharma, eminent Bharat Natyam Child Dancer performing during the Conference.



Mr. Chainpuria, renowned singer performing during the Conference.



Ms. Sangeeta, Singer from Himachal Pradesh performing during the Conference.



Tribal group from Jaisalmer, Rajasthan, performing during the Conference



Ms. Aditi Nigam, International Artistic Yog Performer giving her performance during the Conference.



Smt. Laxmi Thakur Singhal, Program Co-ordinator, YCI with Shri Rakesh Thapar, President, Taj Association for Art, Culture & Heritage and Shri Ajay Seth, Associate Vice-President, Cox & Kings.



Ms. Sunita Godara, Asian Marathon Gold Medalist, receiving the award from HH Gayatri Devi ji.



Padamshree Devyani, eminent Bharat Natyam Dancer from France receiving the award from Shri Roshan Lal Arya.



Shri Viren Pandey, Senior Congress Leader receiving the award from Her Holiness Gayatri Devi.



HH Gayatri Devi ji presenting the awards to Shri Pratap Singh Bisht, Member Planning Commission, Govt. of Uttarakhand



Pt. Shri M.P. Joshi, eminent Astrologer, Sanskrit and Ayurved scholar receiving excellence award from HH Swami Suryananadaji



Shri Ali Aadil Khan, Senior Journalist, receiving the award from HH Gayatri Devi ji.



HH Swami Suryananda ji presenting the award to Shri M.T. Hussain from Bihar



Shri Rajiv Jain, receiving excellence award in the field of Media from HH Gayatri Deviji



HH Gayatri Devi ji and HH Swami Suryananda ji presenting the awards to Smt. Vandna Mishra and Shri Shamshad Alam Khan



Ms. Jeetu Singh, Senior Journalist, Azad Channel receiving the award from Baba Lal Singh ji.

## "Yog Vidya Jagriti Abhiyan - International Holistic Health Movement"



Mr.D Boulahfa Mimoun, International Martial Arts and Yog Teacher from Spain with Hon'ble Mani Shankar Iyer, former Union Minister, Govt. of India during his recent visit to India



Mr.D Boulahfa Mimoun, International Martial Arts and Yog Teacher from Spain with Hon'ble Capt. Jainarayan Prasad Nishad, Member of Parliament during his recent visit to India



Mr.D Boulahfa Mimoun, International Martial Arts and Yog Teacher from Spain with Hon'ble Ram Vilas Paswan, former Union Minister, Govt. of India



Shri Vijay Tiwri with Dr. Gabriel and a delegate from Spain at New Delhi





Mr. D Boulahfa Mimoun, International Martial Arts and Yog Teacher from Spain with Shri Vijay Tiwari and Smt. Laxmi Thakur Singhal

## "Yog Vidya Jagriti Abhiyan - International Holistic Health Movement"

Visit of Spanish delegation to India led by Yogmata Madalsa.

Yog Confederation of India organized a programme of "Yog Vidya Jagriti Abhiyan - International Holistic Health Movement" at Asiad Tower, Siri Fort Road, New Delhi. Programme was inaugurated by Yogmata Madalasa Saraswati, Spain in the presence of Shri Vijay Tiwari, Secretary General, International Yog Confederation; Shri Vikram Dutt, eminent social worker; Smt. Laxmi Thakur Singhal, Program co-ordinator, YCI & Secretary, DPCC and many other eminent personalities. Theme of the program was "Progress of Yog, Ayurved and Traditional System in Europe and Spain".

"Yog Vidya Jagriti Abhiyan - International Holistic Health Movement" was started in February, 2005 from Shillong, Meghalaya in association with NEC, Ministry of DoNER, Govt. of India and this program is being supported by many national and international organizations and Ministries like Deptt. of AYUSH, Ministry of Health & FW, Govt. of India; Ministry of Youth Affairs, Govt. of India, International Yog Confederation, The World Community of



Yogasan performance by students of Yog Confederation of India

Indian Culture and Traditional Disciplines, Italy and World Movement of Yoga & Ayurveda, Women International Network (WIN) etc.

Yogmata Madalsa Saraswati was accompanied by 14 member Spanish delegation who are on spiritual tour in India. In her speech she emphasized that India is spiritual mother of all the yog practitioners of the world and western world is acknowledging and practicing ancient Indian culture and traditions which includes Yog, Ayurved etc. She appreciated the efforts of Yog Confederation of India and also gave a certificate of appreciation and recognition.

Program was co-ordinated by Smt. Laxmi Thakur Singhal and Ms. Rekha Udit, Chairperson, WIN. The programme was started with a wonderful welcome song by Shri Chainpuria. Beautiful presentation of Yog was given by the students of Naresh Swamy. Ms. Aditi presented artistic



Shri Vijay Tiwari, Secretary General, International Yog Confederation lighting the lamp with Yogmata Madalsa Saraswati, Spain; Baba Lal Singh, Shri Pratap Singh Bisht and Spanish Delegation

yoga which was appreciated by all the guests and Martial Arts performance was given by students of Ms. Sunita Godhara, Gold Medalist, Asiad Marathan whose institution is affiliated with Yog Confederation of India.

All the Spanish delegates were given warm Indian traditional welcome by putting Chandan Tilak and chunary of Goddess Durga on the occasion of Navratra. Shri Ali Adil Khan gave "azaan" for "namaz" before his address followed by "Roza Aftar" organised at the venue. In his speech he said, it is a remarkable combination 'yog' of different cultures on one stage. Shri Pratap Singh Bisht, also shared his views, he said, we should not be body conscious but we should be soul conscious. We must have control to our minds. Swami Prayagnandaji from Allahabad is a Yog Guru and requested everybody that Yog should become part of life and should be given importance as we give to other things. Vote of Thanks was given by Shri Vikram Dutt.



Tograsia Madalas Saraswali, Spain presenting award or recognition to Women International Network and Yog Confederation of India. In the picture ( L to R) Smt. Rekha Udit Tiwari, Managing Trustee, WIN, Smt. Laxmi Thakur Singhal, Programme Coorinator, YCI, Spanish delegate and Shri Vijay Tiwari, Secretary General, IYC

## YOG VIDYA JAGRITI ABHIYAN-INTERNATIONAL HOLISTIC HEALTH MOVEME



Programme of

## YOG CONFEDERATION OF INDIA



Affiliated to International Yog Confederation, World Movement of Yoga and Ayurveda and The World Community of Indian Culture and Traditional Disciplines, Italy

In association with

## North-Eastern Council, Ministry of DoNER, Govt. of India Supported by

CCRYN, Deptt. of AYUSH, Ministry of Health & Family Welfare, Govt. of India, Ministry of Youth Affairs & Sports, Govt. of India, The Global Open University, Nagaland, World Religious Parliament, Universal Sanatan Dharm Foundation, Women International Network

YOG VIDYA JAGRITI ABHIYAN INTERNATIONAL HOLISTIC HEALTH MOVEMENT

Project initiated by

SHRI VIJAY TIWARI



#### GOVERNMENT OF INDIA NORTH EASTERN COUNCIL SECRETARIAT SHILLONG 793001

Dated the 14th February, 2005

#### RESOLUTION

In the two days, Brain Storming Session (Seminar-cum-Workshop) of Unmarketed and unraised holistic Health issues/institutions of the North Eastern Region organised by North Eastern Council in association with Yog Confederation of India and sponsored by Department of AYUSH, Ministry of Health & Family Welfare, Government of India, it was resolved that

- 1. The name of the movement should be changed from "Yog Vidya Jagriti Abhiyan" to Holistic
- Health Movement.

  The proposal of Yog. Confederation of India was accepted for implementation.

  Holistic Health Movement has to be low cost, affordable, effective, accessible, transpare scientific, examinable and implementable. This has to deal with the basic problems of any NER like TB, Cancer, AIDS, nutrition, liquor, drugs and should be peaceful, need based for mind, body and soul and should create awareness.
- and soul and should create awareness.

  4. Movement should be followed with a missionary zeal by the volunteers and should create self-employment, recognised by people, organise the unorganised, and have viable investment and policy package (SEVIPP). It should further involve youths mothers society -community spiritual institutions clusters.

  5. Movement should market the unmarketed and involve organic, local, natural and medicinal practices and hearths. It should also involve local bodies and to begin with should identify easy, afficient to the control of the second or the standard or and the standard or the standard or admittance of the standard or and the standard or admittance or the standard or the standard or admittance or the standard or the standard or admittance or the standard or th
- difficult, impossible, monitorable task with technology adaptation. Movement should also have success parameters –
- (a) HIPPO Hidden Investible Potential Powers of Organisation (b) KIPPO- Known Investible Potential Powers of Organisation
- (c) TIPPO Threatening Investible Potential Powers of Organisation
- (d) FIPPO Frightening Investible Potential Powers of Organisation (e) GIPPO Globalisationally Investible Potential Powers of Organisation
- In the movement we should try to search for aim of life, truth, mussion and various principles of success should be incorporated. We should further define the role of various Ministries and
- North East Mission on Volunteering and action (NEMOVA) should be formed and movement should be part of decentralised planning with IT.
- should be part of decentranged planning with 11.
  9. All the sitting Governors and Chief Ministers of member States of NER i.e Megbalaya, Assam, Manapur, Mizoram, Tippura, Arunachal Pradesh, Nagaland and Sikkim should be requested to become patrons of this holistic health movement for smooth functioning.
- Discontinuous of the interest in an amount information in amount information. NEC will be the Chairman of the movement and members have to be incorporated from the Yog. Confederation of India, NEC and existing & supporting organisation which will function. as central coordination committee
- 11. In the first phase all the State Coordinators will enhot and network with present practitioners of various holistic sciences (traditional therapies) and they will be given recognition/award etc. An endeavour will be made to enlist people like Mr Naval Kishore Sharma who has been outstanding

in contribution propagating local ayurveda medicine. As recognition for the excellent work don he was given Padmashri by his Excellency, the President of India

- 12. 8 awareness/training camps will be organised in all the States of the region for which assistance will be taken from concerned Ministries like Department of AYUSH, Ministry of Health and Family Welfare, Ministry of Youth Affairs and Sports, Ministry of Rural Development, Ministry of Panchayati Raj and State Governments. The people will be enlisted by district and State coordinators
- 13. Diploma in Holistic Sciences will be launched in coordination with various Universities of the region for which 160 people ( 1 male and 1 female from each district of the region) will be selected and shall be put for training for 40 days (10 days in one stretch with a gap of three months each) at the centres fully funded by NEC like NEPA, Shillong; NERIWALM, Tezpur; RIMS in Manipur, RIPAN in Microram and this will be followed by 6 months internship. The trained holistic health practitioners will be attached to under-utilised and unutilised primary health centres subject to approval of the State Governments as a mean for self employment.
- 14. International Conference on Holistic Sciences will be organised wherein people practicing various holistic sciences will be called from all over the world for encouragement of the traditional therapies, breaking the ice of misconception of religion and promote tourism for the overall benefit and development of the region after scientifically validated and authenticated...
- 15. Primary Health Centres will be called as Holistic Health Centres. These centres will be an all embracing institutes to provide opportunity for development of sports together with other traditional and cultural practices for performance enhancement of sportsmen resorting to these practices. The vision is to produce Olympic Gold Medalist in the region
- For the implementation and funding of the above programme resolved to approach various concerned Ministries, State Governments and organisations like NHPC, United Nations, UNDP, The Japan Foundation, Asian Development Bank, Afro-Asian Rural Development Organisation, WHO, NABARD, World Bank etc. Agencies like IFAD for sponsorship
- 17. While formulating programme for the movement, care will be taken to see that the peoples' choices of therapies in a particular centre are considered. Hon'ble Minister of DONER be request to coordinate this programme.
- 18. Shri Ajay Kumar Gupta, District Coordinator NYK, Ministry of Youth Affairs and Sports has been asked to coordinate with various district coordinators of NYK of the region to solicit support and viewpoint in this regard. These coordinators will be requested to approach the Blocks, Panchayats and Villages for the implementation of this movement along with Youth Development Centres.
- 19 Movement will encourage non permanent staff, volunteerism and will identify disease free villages and link up with development process. Further, ex-defence personnel and civil servants will also he approached for their support and involvement.
- OR Resolved to request Government of India to honour healthy villages, people, NGOs and research projects extensively engaged in the process of Holistic Health Movement. To increase understanding and promote awareness literature in local language for the benefit of the local people will be made to facilitate better coordination and implementation.

(R.P. KHARPURI) DIRECTOR (GLM)

- Acharya Salyendra Narayan Singh stated the strategic importance of the North Eastern States that anything started from NE region (ishan kond.) was bound to become success
- as per Indian Mythology.

  Mr. Hermant Rai: from Maharishi Mahesh Yogi's institution conducted a session on

#### I" Session (11-02-05 day 1 of the Seminar

- Dr. Sethi began with the first session of the Seminar with a Power Point Presentation explaining the Yog Vidya Jagriti Abhiyan (Movement) giving details as unde-
  - How to launch the movement
  - Committee formation

  - Training programmes
- · Stated the definition of Holistic Health Sciences and its relative importance for Holistic
- The nine steps of Yog Vidya Jagriti Abhiyan
  - 1. To propagate Yog as a way of life. Guidelines of the same and handouts to all Governors, Chief Ministers to be distributed. Propagation to all the Embassies

  - Seeking the coordination of both Government and Non-Government Organizations for this movement
  - Networking of Yog & Holistic Science practitioners of NER
  - Traditional practices of North Eastern Region will be introduced from the holistic
  - Programme will be organized all over nation
  - rengamente was occupanted as over maxos.

    Conduct Yoga courses in other States/UTs

    Organize National Yog Camps for selection for World Yoga Competition.

  - Launch a course in Diploma in Holistic Sciences incorporating traditional therapies Details of the same (attached with the handouts).
- The participants' reaction to the proposed movement is outlined as under:-
  - Appreciation of the holistic sciences
  - Mass awareness to the illiterate through local delegates
  - Mass awareness to use internal turough social deregates
     Mass campaigning inclusion in the syllabus of schools which will bring about mass propagation. Selected NGOs should be included for the same
     Rep. Family Council Centre suggested that they could incorporate Yog in their
  - Organization Formation of spiritual network from the basis of 4 Grassroots level through
  - Schools/Mahila Samiti Member of Tomam District of Manipur formation of Yog Club as a Social
  - Mizoram being a Christian State sensitizing session on Yoga as a Non-religious
  - practice be promoted.
     Clear objectives, clear vision and streamliming of Yog. Plan and roles need to be
  - developed.

#### GOVERNMENT OF INDIA NORTH EASTERN COUNCIL SECRETARIAT SHILLONG: 793001

No NEC/EM/PROG/2005/1

## MINUTES OF THE BRAIN STORMING SESSION (SEMINAR - CUM - WORKSHOP) OF UNMARKETED AND UNRAISED HOLISTIC BEALTH ISSUES: INSTITUTIONS

- The Session was held on 11th & 12th February, 2005 at All Saints' Cathedral Hall. Shillong
- Organized by North Eastern Council, Govt. of India, Shillong in Collaboration Confederation of India and Sponsored by Department of AYUSH, Ministry of Health and Family Welfare, Government of India
- The Seminar was inaugurated by Dr. A.Sethi, Vice-President, Y.C.I. and was presided over by Mr.R.P.Kharpuri, Director(E&M) NEC. The other dignitaries on the dias were-Col Vijay Moltan, Dr. S. Shekhar, Dr. Pradeep Sharma, Mr. Raja Bala, Coordinator Y.C.I., Acharya Satyendra Narayan Singh and Mr.Vijay Tiwari, General Secretary,
- The Session began at 10.50 AM
- In his introductory remark, Mr Kharpuri explained the reasons which prompted the NEC to take initiative in this respect. He said the main objectives of the programme are to create awareness among the community about the preventive, curative, and promotive aspects of the Indian Systems of medicines and Homeopathy. In the region there are several hundreds local practitioners who in their own way had contributed substantially in terms of providing medical health facilities to the people using local herbs and plants. Time has come to accord recognition and to coordinate to see that the system is developed and promoted for the benefit of the people of the region. He
- requested the participants to proactively involve in the deliberation.

  Mr. Vijay: Trwari explained the need of Yog Vidya Jagriti Abhiyan and its first step towards the Nation wide recognition and absorption up to the Panchayats with the help of NEC, Department of AYUSH, Ministry of Health and Family Welfare, Government of India, Ministry of Youth Affairs & Sports, Ministry of Rural Development & Ministry of Panchayati Raj. An attempt will be made to initiate action for this movement in the country as a whole and subsequently world wide through networking with different
- Dr. Sethi Vice-President of Y.C.I in his inaugural address briefly touched upon the need of Yog Vidya Jagriti Abhiyan in lieu to the various holistic approaches
- · The attending officials and members were asked to introduce themselves
- Mr. Rakesh Singh from Mumbai emphasized the need to incorporate different therapies ce. It was resolved that steps need to be taken to obtain
  - Recommendation from the University for Recognition of the Diploma in Holistic
  - To promote Marketing of Yoga/holistic sciences (traditional & regional
    - Propagation of Yog needs to be accompanied with relevant philosophy
  - Yoga should be propagated as a modern trend with ancient foundation
     Workshops be conducted for educating the general public and making awareness about the utility of different therapies
  - · Then presentation was made by Mr.Vishwajeet, NSS volunteer suggesting steps for correct interpretation of Yog
- Presentation was made by Shri Khagen Kalita, on the philosophy of Yoga and its corresponding benefit.
- · Presentation of a 10 day camp of Yog . held in Sainik School, Goalpara & (a CD of the
- Then we have a presentation by Dr. Pradoop Sharma, President, Su Jok Accupunture Association of India. He spoke on the benefit of this Korean therapy for different types of
- Dr Som Shekhar highlighted the close relation of Yoga and Ayurveda
- · Mr. Shushil Kumar as a Chairman of the technical session expressed the need for better interpretation of Yoga. He further suggested the printing of literature to educate the
- · Groups were formed on the basis of the State wherein State coordinators were to be selected followed by the district coordinators
- Mizoram
- Assam
- Manipur Meghalaya
- Col Vijay Mohan Singh spoke on the utility of the Reiki therapy

The first day session ended with the Cultural programme rendered by representatives of different States and summing up the day's proceeding by Mr. R. P. Kharpuri, Director (E&M)

Proceedings of the Second day (12.02.05), Shillong, Megahlaya

#### The second day session began at 10.17 AM

 Mr Kharpuri began the session with suggestions that the name of the mission be changed from Yog Vidya Jagriti Abhiyan to Holistic Health Movement. He said the change is imperative as the need for documenting traditional knowledge in alternative treatment method as available in the region is of paramount importance. There is an urgent need to create an awareness to mobilize resources and for involving peoples' participation in the crease an awareness to motivize resources and for invorving peoples' participation in the movement. The movement to succeed needs the support of the people. He further added that the other primary reason which prompted the Council to join hands in the programme is to identify traditional medical practitioners (available in plenty in the region) by providing the undersulfaced buildings of PHC to facilitate rendering modest health services to the local population.

- Karbi Anglong Raju Teron North Cachar Hills N Hpoheu
- Sonitpur Arjun Das Darang Dr. Kamal Kishore Nalbari Bishwajit Bezbaruah
- Bongaigaon Shankar Chandra Sarkar

#### Manipur

- Senapati M.S Jerome
   Ukhrul Tuishang Zemick

#### 3. Meghalaya

- West Khasi Hills Andreas Sahadao
- East Khasi Hills Hemant Kr Kat West Gano Hills Perry R Marak
- Jaintia Halls - Rafsar

- soram Aizawl Miss Vanlahruian Champai Mr. K. Lafremmasia Lunglei J Ropsinga Chinzal Serchhip Mr. R. Thanchugnga Kulasih Mr. R. Salhluma

#### 5 Tripura

- North Nibaran Debnath
- South Samiran Chakraberty West Kalinarayan Ghosh
- Dhalai Monmothan Roy

#### The second session began at 2.14 PM:-

- · Dr Kamal Taori Secretary, NEC, was the Chief Guest at the valedictory function
- . The state coordinators were called up for briefing about the proceedings of the 2 days programme to share their viewpoints
- State Coordinator of Assam Mr K. Kalita made a suggestion to include Yoga at the School level in the form of Physical Education
- State coordinator of Manipur, Mr. K. D. Gangmer spoke about the importance of Holistic approach of various therapies.
- State coordinator of Mizonam, emphasized the importance of conducting an awareness
- Mr. Vijay. Towari summed up the days proceedings for information of the Chief Guest
- The need of forming and conducting camps in collaboration with Deptl. of AYUSH, Ministry of Youth Affairs and Sports, Ministry of Rural Development etc be initiated in all the eight States.
- It was felt that in the 10 day camp programmes arrangement needs to be made to propagate the various therapies as available including herbal medicines for the benefit of the people.
- Then presentation was given by Dr. Kamal Taori, Secretary, NFC. He subscribed to the holistic approach for development of the movement. He was of the view that any therapythat is being developed should have the few essential components as creamerated.

  - 2) affondable
  - effective
     accessible
  - 5) transparent
  - 6) scientific
- cxaminable
- He poinced out that time should not be wasted on just discussion only, but action plan be formulated. The basic sum of the movement should be to facilitate integration of the Hobistic Health Sciences for the betterment of humanity.
  - He emphasised on the importance of SEVIPP (Self Employment Viable investment Policy Packages and mentioned:-

  - High cost low impact Self employment plan for self employment programme including the locals
  - Viable Cost, every action has to have a economical backing
  - Policy package
    - Co-ordinating programmes
    - Involving youth-mothers and spiritual institutions
  - Peoples recognition: He breaks up the assignment tasks
    - easy task
    - difficult task
  - impossible task
     monorong task
    Emphasis on easy task before the difficult task is undertaken.
  - Definition of Success Parameters:

    - KIPPO TIPPO
    - GEPPO
- In concluding remarks, Dr. Taon emphasized the need to take in cognizance the definition of health as propostaled by WHO in the development of the various therapies for the benefit of the people.
  - The meeting ended with a vote of thanks to the Chair

(R. P. Khagean Director (E&M

- After a long and finitful discussion, it was unminutedly essolved that the movement be styled as Holistic Health Movement, embracing all kinds of therapies under the Indias System of Medicines and Homosepathy
- Various coopdination committees were formed and finalized as under -

#### FORMATION OF STATE COORDINATOR DISTRICT COORDINATORS

SI No.	STATE	STATE COORDINATOR	DETAILS
1	Assam	Shri Khagen Kalita Cio Prof. Manju Devo Prep Cetton College Prof. Coloni Qir No.: E/3 Gawahan 781001 Mobale No. 09864088737	Total No. of District 26
2.	Manipur	Mr. K.D. Gangmei Foundation for environment ÆEconomic Desp Services/FEEDS), NIL Bidg., Chalisad avenue, Imphal 795001, Manigur Res. No: 0385-2050221 Mobile No. 9436021547	Total No. of District 9
3.	Meghalaya	Mr. Hemant Kr. Rai Upp Lachaumiere Opp Malki Petrol Pump Shillong	Total No. of District 7
4	Mizoram	Mr. Malsawrifemanga (M.S.A.) Yoga mstructor, Sporta & Youth Services Gostr of Microam Phone No. 0389- 2326294	Total No. of District 8
S	Tripera	John Chaktaborty Directorate of Youth Affairs & Sports Govt. of Tripura Agantals, Tripura Fin - 199001 Phone No: 0381 - 2316377	Total No. of District 4

#### District Coordinators

L. Assam (District Coordinator)

MANI CHARENAMEI Member of Parliament (Lok Sabha) Outer Manipu



D.O. No. MP (OM) / 55, 200 ) New Oath - 110011

Phones

N Delhi - (011) 23795294 (R) https://di.nchi.com/101013 (R)

7th March 2005.

Dear Shri Taori.

I congratulate you for new initiatives being taken by NEC by organizang two days Brain Storming Session (Sentina: - Cum - Workshop) of un-marketed and un raised bolishe issues/institutions (Yog Vidya Jagriti Abhiyan-Halistic Health Movement) on 11<sup>th</sup> 12<sup>th</sup> February, 2005 at Shillong in association with Yog Confederation of India and Department of AYUSH, Ministry of Health and Family Welfare, Government of India

It has been resolved in a meeting that international conference on Yoga (Holistic Sciences) will be organized in the North-East. Shri Vijay Tiwari, General Secretary, Yog. Confederation of India along with Dr. Jose Rouge representative of International Yoga Federation met me in this regard. This seminar is proposed to be organized in October-November, 2005. I take this opportunity to request you to kindly consider the proposal for organizing the International Conference in Manipur. I am sure, that this Programme will generate new avenues for the people of North Fast, enhance tourism and also promote traditional therapies and balistic sciences. I shall always be available for any assistance for holding this conference. A detailed proposal as received from Yog Confederation of India is enclosed for your consideration please.

With regards,

Encls: As Above

Yours sincerely, (MANI CHÂRENAMEI)

Dr. Kamal Tuoari, IAS, Secretary, North Fastern Council, Ministry of DONER, Government of India Shillong Meghalaya

Dr. Gopal Ji Dy. Programme Adviser

पुरा कार्यक्रम एवं खेल मंत्रालय अपंक्रम मलाहकार प्रकोश, राठ सेठ बोठ, कमरा २० १५२-१५४ १२/११, जमनगर झडल, खं दिली-११००११

GOVERNMENT OF INDIA
MINISTRY OF YOUTH AFFAIRS & SPORTS
PROGRAMME ADMISER'S CELL, N.S.S., PROW NO. 152-154 12/11. JAMNAGAR HOUSE, NEW DELHT-110 (1) 1 Email resourcefellor

F.No.9/1/NSS/PAC/2005/

October 31, 2005

As per our discussion held earlier, I fully agree with you that to face the challenges of globalization, a new localizational based approach would be essential. The idea of involving the Universities, Banks, Local Healers and Practitioners of Yoga, Alternate Therapies & Holistic Sciences for developing better legal system to serve the people through herbs and local skills is highly

National Service Scheme, being the largest student youth programme in the country can propagate this idea in a befitting manner. Moreover, Yoga has been effectively incorporated in the National Youth Policy documents of this Ministry under the Health Component. I am also aware about the Yog Vidya Jagriti Abhiyan - Holistic Health Movement where North Eastern Council has taken initiative to promote and propagate this idea in collaboration with Yog Confederation of India, during your tenure as Secretary, North Eastern Council.

I assure you our whole hearted cooperation for the success of this programme

With deep regards

Yours sincerely.

Deonus (Gopal Ji)

Dr. Kamal Taori, IAS Director Genral Council for Advancement of People's Action And Rural Technology India Habitat Centre Lodhi Road, New Delhi-110003

Kailash Nath Singh Yaday

Member of Parliament (Lok Subba)

Chine Mague (Generomenta) U.P.)

Meeter Committee on Good Asyrogon

B-602, M.S. Flats, Baba Kharak Singh Marg, New Delhi - 110 001 Ph - 011-23351215 Fax: 011-23351202

Nataniya Mai. Jaganish Pari Celeny, Date 14-11-2 Agija Veer Road, Varanasi Ph.: 1627877, 229077

FileNo. K.N.SY/MEW/ 19/2005/5

Kailash Nath Singh Yaday Member of Parliament( Lok Sabha) New Delhi

Hon'ble Minister for Health & Family Welfare Govt. Of India New Delhi

Hon'ble Sir.

I had the opportunity of attending the meeting of World Religious Parliament co-ordinated by Yog Confederation of India and CAPART on R<sup>2</sup> 2005. Present D.G.of CAPART, Dr. Karnal Taosi is trying to incorporate new ideas with regard to creation of "sustainable holistic model of development" by involving various N.G.O.'s religious & spiritual movements for developmental process, peace and harmony

I personally feel that all this effort is ultimately for the youth of the Nation, in which they have important role to play. It would be better if Ministry of Health and Fermly Welfare actively coordinates with CAFART and Yge Confederation of india for generating the employment and chaenclising their energies in proper direction in National Rurall Health Mission Proggrams, Yog. Confederation of India in association with North Eastern Council & CCRYN. All A. F.W. Grov. of India had organized "Ygy Vidya Jagniti Abdysan" in February 2003 at Shilling: in this regard Justice Inside been send to all the chief secretaries for their co-ordination (details are enclosed).

With Kind Regards,

Year's faithfully

Kailash Nath Singh Yadas

क्षा, कमान टावरी, मात्रकारे

Dr. Kamal Taori, 745

Tel. No.: 2464-2590 Fax No.: 2463-3546 E-mol.: runn, kansal@sakoo.com

सोक कार्यक्रम और प्रामीण प्रीद्योगिको विकास परिचट

(धारीण विकास संजन्त अपन सम्बद्ध से सम्बद्धाः वे ਰੀਵੀ ਚੰਡ ਦੀ ਵਿਸ਼ਹੀ-ਜ਼ਸ਼ ਜਾ

Council for Advancement of People's Action and Rural Technology (Under the args of Messiny of Rusal Development, Soot of testa) Core SA, Joseph House Hello Habital Centre, Earth Road, New Delh. 11000

D.O.No.DG/PS/2005

November 2, 2005

My dear 1< D ⊂ B 50. 145 °T,

Kindly refer to my earlier letters of even number dated 17th August, 2005 and 26th September, 2005. For your convenience I am enclosing a copy of this letter again for your kind information.

You will agree with me that to face the challenges of globalisation/liberalization, a new localisational based approach would be essential. The basic mandate of CAPART is to work for advancing public cooperation, Rural Technology and also to develop models for replication.

Rural Development is an all encompassing mission and without involving local skills, experts of Panchayati Raj, NGOs, Information Technology and marketing driven value addition etc., no sustainable development will take place.

In this connection, when I was in North Eastern Council (NEC), a holistic brain storming seminar was organized with special thrust on local healers, employment potential, viable investment, Rural Development, Women Empowerment and it was resolved that for realizing spiritual sustainable development with volunteers cadre, cooperation of all is essential. I am also enclosing a copy of brain stormed resolution and minutes dated 14.2.2005 which are self-explanatory.

As a part of advancement of public cooperation with holistic Rural Technology and concern for employment, investment, I am writing this letter with a request to kindly involve the Universities, Banks, Local Healers and Practitioners of Yoga, Alternate Therapies & holistic sciences, so that better legal system can be developed to serve the people through Herbs and local skills. I have been given to understand that Yoga Confederation of India which is a NGO of about a decade has developed

implementable plan of action which is to advance people's cooperation in this sector Thus employment generating and also model for sustainable holistic development as a part of total development would be developed.

I shall be grateful, if you kindly take some action and also suggest us how volunteering can be developed in this sector so that better results to strengthen the grass root can be achieved.

am requesting Shri Yashovardhan Azad, IPS, Advisor - Yog Confederation of India & ex-Director - Youth Affairs & Sports, Govt. of Madhya Pradesh, Yogshiromani Dr. Gopal Ji, President - Yog. Confederation of India and Shri Vijay Tiwari, Hony General Secretary - Yoga Confederation of India, to kindly contact you directly also

With regards.

Yours sincerely. Sustain,

(Kamal Taori)

Shri N.D.Chingappa Chief Secretary Government of Sikkim Tassiling Gangtok - 737103

Copy to all the chird Societarin & the italian

Encl.: 1) Copies of earlier letters dated 17 8:2005 & 26:09:2005

2) Copy of letters from Shri Yashovardhan Azad, IPS, Dr. Gopal Ji and Shri Vijay Tiwani

3) Copy of brain stormed resolution and minutes both dated 14.2.2005.



केन्द्रीय योग एवं प्राकृतिक चिकित्सा अनुसंधान परिषद

Central Council for Research in Yoga & Naturopathy

(Dept. of AYUSH, Ministry of Health & F.W., Govt. of India 81-85, Institutional Area, Janakpuri, NEW DELFS - 110058

Phone: 2852 0430, 31, 32 Fax: 2852 0435 E-mail: cover@vent.ext

Dated: 24-1-2007

Shri Yashovardhan Azad, IPS

Yoga Confederation of India New Delhi

I take this opportunity to congranulate you for your efforts in promotion of Yoga and Allied Sciences nationally and internationally through Yoga Confederation of India by regularly organizing National and Internationally Yoga Seminary Championships etc. and Yog Vidya Jagridi Abbiyan: International Holistic Health Movement organized in association with North-Eastern Council, Govt. of India from 12<sup>8</sup>—13<sup>th</sup> February, 2005 at Shilong.

I presided the Global Yoga Festival-2006 organized on 12th to 15th December, 2006 by YCI at Talkatora Studium, New Delhi in which we were technical collaborators and it was a grand success. We further decided to make it into annual feature jointly. My sincere reflects shall always be with you. I suggest the following few points as per discussion with Shi Vijay Tiwari and your letter.

#### STATE YOGA POLICY FOR MADRIYA PRADESH

- Linking up with the top Yoga and Naturopothy institutions in the country updating in all areas information reporting practices nature cure treatments and latest experiments' findings through CCRYN and Yoga Confederation of Indis.
   To popularize the Yog policy in schools Yoga demonstrations along with music could be organized like the germanicios in Olympic set.
   Preparation of Yoga booklet with basic practices meant for preventing major theorems.

- illnesses.

  Important lealth aspects and Natural Food to be included in the beoklot as a part of preventive care under the holistic medicine programme.

  Yoga as aid to speets in schools and colleges.

  Yoga for reducing stress level designed by YCI and CCRYN under mental health programmes to be introduced in major allopathy hospitals.

  A training of trainers programme for the Yoga teachers covering group of schools Yoga teachers to be given same facilities like the NCC.

  Yoga to be included in B.Ed., Sports medicine and similar curriculum.

Contd. 26

- To establish Yoga Colleges for One Year Diploma in Yoga in all the Districts.
   To establish Naturopothy & Yoga Hospitals of attached 60 heds for teaching 2 ½ years 'Diploma in Naturopathy & Yoga Thorapy' in all the Districts.
   Yoga corriedum to be smade as compulsory for the students from 8<sup>th</sup> to 12<sup>th</sup> established.

We shall further take up this issue at National Seminar to be organized jointly by us at Wardha, Maharashtra on 17th & 18th March, 2007. I assure you my sincere services as and when required.

With regards.

Yours Sincerely,

Copy to:

- (1) Sucretary to Chief Minister of Mashya Pradesh.
- Dr. Kanal Taori, Reid. IAS, Principal Advisor, NIRMAN INDIA, C-25, Shivlok Apartments, Plot No. 6, Scotur-6, Dwarka, New Delhi-110075
- (3) Shri Vijay Tiwari, General Secretary, Yoga Confederation of India, New Delhi





SECRETARY TO THE PRESIDEN

NEW DELHI - 110 004 TEL : 011-23014930, 23013324 FAX : 011-23017290, 23017824

D.O. No. 36 -Secy/2007

13 April, 2007

Dear Dr. Taori,

Your letter of 11 April, 2007 regarding the National Conference to be held on 27-28 April, 2007 at Vrindavan. The President will be out of India on a State visit during those days. He sends his best wishes and greetings.

With regards.

Yours sincerely,

(P.M. Nair)

Dr. Kamal Taori C-25, Shivlok Apartments Plot No.6, Sector-6 Dwarka New Delhi - 110 075.



PS/22/27/2007



उप-राष्ट्रपति सचिवालय नई दिल्ली - 110011 VICE-PRESIDENT'S SECRETARIAT New Delhi - 110011

April 18, 2007

Dear Dr. Taori,

Kindly refer to your letter dated April 10, 2007 inviting the Hon'ble Vice-President of India at the National Conference on National and State Policy for Yoga, Naturopathy, Ayurveda and other Holistic Health Systems to be held on April 27-28, 2007 at Matura.

The Vice-President thanks for your kind invitation, but regrets his inability to accept it due to other prior commitments.

With kind regards,

Yours sincerely. לבשונה מפים לספב

(D.N. GUPTA) Sr. Private Secretary to VPI

Dr. Kamal Taori, IAS (R) Member, National Khadi & Village Industries Board, C-25, Shivlok Apartments, Plot No.6, Sector-6, Dwarka, New Delhi - 110075.



DO. No. 7057 PS to like (TALS) 1201) वर्गी राज, युवा कार्यक्रम एवं खेल और उत्तर-पूर्वी क्षेत्र विकास मंत्री

N. Venkataraman Tel. No. : 2338 6520 Fax No.: 2338 1898

भारत सरकार नर्ह दिल्सी-110 001 PRIVATE SECRETARY TO THE MINISTER OF PANCHAYATI RAJ. YOUTH AFFAIRS & SPORTS AND DEVELOPMENT OF THE NORTH EASTERN I GOVERNMENT OF INDIA NEW DELHI-110 001

-2 -April 2007

Thank you for your letter dated 10 April 2007 addressed to the Hon'ble Minister for Panchayati Raj, Youth Affairs & Sports and Development of North Eastern Region inviting him for the National Conference on National and State Policy for Yoga at Mathura.

Owing to his prior commitments, the Hon'ble Minister will not be able to attend the function. However, he conveys his good wishes for the success of the conference.

With regards,

Venkataraman)

Dr. Kamal Taori National Khadi & Village Industries Board C-25, Shivlok Apartments Plot No. 6, Sector 6 Dwarka, New Delhi – 110 075.



महावीर प्रसाव MAHABIR PRASAD



लघु उद्योग तथा कृषि एवं वामीण उद्योग भारत सरकार नई विस्ली-110011 MINISTER SMALL SCALE INDUSTRIES AND AGRO & RUBAL INDUSTRIES GOVERNMENT OF INDIA

New Deuts - 110011

#### MESSAGE

I am, indeed, very happy to know that Yog Confederation of India (YCI) is organizing a National Conference on National and State Policy for Yoga, Naturopathy, Ayurveda and other Holistic Health Systems during 27-28 April, 2007, at Vrindavan, Mathura, Uttar Pradesh.

I am also glad to know that YCI has been propagating and promoting Yoga and other related systems through National and International Seminars. Conferences etc regularly for the past many years.

Yoga is important in all aspects of life and is steadily regaining its value globally. Yoga is a science which shows the path of living in harmony and peace and is most suited to the present era of growing scientific and technological advancements.

I convey my best wishes and compliments to the organizers and participants of this Conference as well as for release of colourful souvenir on this

(MAHABIR PRASAD)

स्वास्थ्य एवं परिवार कल्याण मंत्री भवन, नई दिल्ली - 110108



DO No 960 NIP HEM 200 Y

Minister for Health & Family Welfare Government of India Nirman Bhavan, New Delhi - 110108

1 6 MAY 2008

हों, अन्ब्रमणि रामदास Dr. ANBUMANI RAMADOSS

Dear Dr. Mishra II.

Thank you for your letter of 14th May, 2008 enclosing therewith letter of 22th April, 2008 from Yog Confederation of India requesting me to inaugurate the Global Yog Festival 2008 on Tuesday the 27th May, 2008, at New Delhi.

I would have very much liked to accept the invitation. However, in view of my prior engagements out of town, I regret that I would not be able to accept the same.

I take the opportunity of conveying my best wishes for the success of Global Yog Festival 2008.

With regards.

Yours sincerely

7 og 15 (Dr. Anbumani Ra nadoss)

Dr. Rajesh Kumar Mishra Member of Parliament (Lok Sabha) 33, Meena Bagh New Delhi-110001



National Rural Health Mission



Shri Yashovardhan Azad, IPS, Advisor,Yog Confederation of India & Dr. Nandini Azad with Yogacharini Gayatri Devi (Emy Blesio), President, International Yog Confederation & Swami Surya Nanada (Amadio Bianchi) Vice -President (Europe) during Global Yog Festival 2008, INDIA



Yogacharini Gayatri Devi (Emy Blesio), President, International Yog Confederation & Swami Surya Nanada (Amadio Bianchi) Vice-President (Europe) with Shri J.P. Agarwal, Member of Parliament, Mahani Mahesh Das Ji, Shri Radhey Shyam Bari & Smrt Laxmi Thakur Singhal, Secretary DPCC & Coordinator, Yog Confederation of India (Delhi State) during Global Yog Festival 2008, INDIA

#### YOGIC PRAKRITIK JEEVAN SANDESH



यौगिक प्राकृतिक जीवन सन्देश

A QUARTERLY BULLETIN OF THE CENTRAL COUNCIL FOR RESEARCH IN YOGA AND NATUROPATHY



different Sports and Yoga Associations and Federations etc. The Seminar discussed and deliberated on Standardization of nomenclatures for nomenclatures for

various Yoga Asanas, fixing age category for male and female for conducting championship and set of Asanas for each age group for the purpose of

champiorathip and set of Asanas competitions, standardization of Evaluation system for various age groups; application of Yoga for enhancement of performance in various Sports disciplines; application of Naturopathy for application of Nativopathy to enhancement of performance in various Sports disciplines and ways and means to popularize Yega in Schools and Colleges and maximizing mass perticipation in Yoga at National and International level.

The Seminar was inaugurated by Prof. Vijey Kumar Malhotra and Shrii Shekhar Dutt, Secretary, Outside Plants Render Plants Render Delated Plants Render Delated Render Delated Plants Render Delated Render



## Page-12

Dept. of ARUSH, Ministry of Health & FMI, Govt, of India presided over the function. The after dignitaries present included Shri. Subrato Riy, Arjun Awardee, Shri Gopal Phadke, Padmarknee and Dronacharys: Awardse for Malakambh; Dr. M.L. Gharote, Pune; Shri M.X. Mahns, Sports, Authority of



India: Dr. N. Kochupillai, Ex-Professor, AUMS, Dr. wal, Kampur, etc.

Dr. D.N. Tiwari, Member (Health & Educator) Planning Commission, Govt. of India delivered the

The Seminar was a great success and it was considered as a finely one in view of the international developments in the field of logs and Sports.

Words should be scattered like useds, so make how small the seed may be, if it has once found favourable-ground, it unfolds its strength.

SENECA



INTERNATIONAL CONFERNCE ON YOGA FOR WORLD PEACE









conference related to launching world wide movement to from Yoga point of view, discouraging misuse of the on Yog Sulpus of Putanjuli as red form of Yoga globally. Yoga to different field ultimately among at promoting

tod, Published and Edited by ; Dr. B. T. Chiteranda Murtin; Director, COSYN and owned by CCRYN, 81-66, Institutional Area, Opp. '8' Block, Januaryst, New Delta-11008 and printed at Mis Anabisher Printegraphic, WZ-10452 Nargel Reys, New Delta-110-045 (M) 0610210078



### Global Yoga Festival, 2006 CCRYN provided technical collaboration



Yoga is stroddy gaining ground every where. People around the Writch have beginn to realize that Yoga is not just eastern philosophy. It is a science and art of living in harmory with all the fireces that govern life and living and it is most suited to the present era of growing sectentile and bechnological advancements. In the 21° Century the trend towards increased physical elseure is expected in further reduce the percentage of Human Labor. If something concrete is not done in time such lessure would full more people than the disease. To avoid this it is essential to popularize Yoga all over the globe.



Secretary Mr. Vigor Theart organized a Global Vogo Festival from 128h to 15th Dec., 2006 at Talkatora Indoor Stathans. New Delhi in technical critical control Council for research in Vogo & Naturopathy, Dept. Of AVUSH. Ministry of Hendh and Family Welfare. Govt. of India. This was the first time when such a Mega Event was organized on such a large scale in the land of Secre and Vogis from where Voso architecture.

The Yoga Pestival was inaugarated on 12" December. 2000. About 400 Delegates including 72 Foreign Delegates from 17 Countries participated in this program. Folk duries of Itolia choreographed by Shri Jui Shunkar and presented by NISHTBA was stajor, attraction during the opening covernory of









function. Speaking on the occasion he praised the efforts of the organizers in planning and executing such a mega event.

In the afternoon a Yoga Seminar was organized on the theme of Yoga and Mental Health. Some of the eminent speakers who spoke on the occasion consisted of Ms. Franca Sacchi. Swami Ramswarupananda (Uttarkashil, Dr. B.T. Chidananda Murthy, Director CCRYN and Dr. S.N. Fandey, CCRYN.

International Yoga Conference was organized on 13th December, 2006 where organized on 13" December, 2006 where reminent Yoga Exponents spoke on various aspects of Yoga. They included Dr. Isinwar Basavarraddt, Director Morarji Desae National Institute of Yoga. Swami Vidyananda Hong Kong, Dr. Sanjeev S. Rawai, Dr. Gyaneradra Pande, Dr. Robert S. Kittel, Dr. Pietro Bontvini Utalyi, Dr. Acharya Prabhakar Mishra, Swami Brahmadevananda, A colocful Kathak belle on Yoga was presented by Kathak Kendra Corcographed by Ms. Punita Sharma, disciple of Pandi Bilizo Maharui.

On 14th December, 2006 World Religious Parliament was organized wherein Dharmacharyas of all the religions addressed the gathering. Shri Oscar Fernandis, Hon. Union Manister for Labor & Employment was also

In the afternoon XV Yoga World Cup and Yogiraj Dhayandhar Invitational International Cup championships were held wherein Ms. Alka Lamba, Vice Chairman NIFSED was present. The World Cup goes to India. In the evening Ms. Jyoti Shirivastava, the renowned Oddisi Dancer presented spell bound performance of Oddisi Dance along with her group which was applauded by all the delegates.

The four days Global Yoga Festival ende with the prize distribution to the winners of XV Yoga World Cup. The Yoga researchers and Yoga Exponents were also honored on this occasion.





militate of Naturopathy and Allied Health iciences, Amity University, Jamia Hamdard



Dr. Rajesh Mishra, Member of Parliament (Lok Sabha) & Member, Patron Board, YCI addressing during Global Yog Festival 2008, INDIA in the presence of Yogacharini Gayatri Devi (Emy Blesio), President, International Yog Confederation & Swami Surya Nanada (Amadio Bianchi) Vice -President (Europe), Acharya Prabhakar Mishra, President, World Religious Parliament(Asia), Dr. S.N. Pandey and Dr. S.D. Dwivedi





Yogacharini Gayatri Devi (Emy Blesio), President, International Yog Confederation & wami Surva Nanada (Amadio Bianchi) Vice -President (Europe) with Shri Ram Chander Paswan, Member of Parliament & Shri Prasanna Kumar Patasani, Member of Parliament during Global Yog Festival 2008, INDIA



#### YOG VIDYA JAGRITI ABHIYAN

Movement: Aim of the movement is to increase awareness of Yog and propagate the same to the general public. Yog Vidya is not the education of Yog only. Using the meaning of Yog as to add to, to join with or to connect to, Yog Vidya Jagriti Abhiyan is expanding the meaning and connecting this Abhiyan with various holistic sciences. A holistic science is a therapy which treats the body as a whole, i.e. at the physical, mental and spiritual levels. Apart from Yog, there are various other therapies or sciences which qualify to be amongst the holistic sciences. Hence, the movement is to increase awareness of various holistic sciences, although in the first phase, emphasis will be given to Yog.

#### Step I: To propagate Yog as a Way of Life.

A grand function in the North-Eastern Region of India will be organized to have a message and study materials on Yoga released for propagation of Yog as a Way of Life by His Excellency Hon'ble President of India. To be organized in April, 2005 on the beginning of New Year. The message will prompt and encourage people to follow Yoga as a way of life, giving its benefits. The message will also include an Appeal to follow this programme by the Hon'ble Governors, Lt Governors and the Chief Ministers of the States. This will pave the way for following the Abbiyan in the States/UTs. Our idea is to reach every Panchayat of India.

Step II: To send the above Yog message and literature to the Indian Embassies in all the countries of the world, which will coordinate with the respective National Yoga Federations under the kind patronage of Govt of India and Internations Yog Confederation in coordination with Yoga Confederation of India.

Step III: Various Agencies/organisations/institutions, governmental or non-governmental, already listed will start organizing Yog Camps in all the North-Eastern Regions prompting people to take interest in this. A set programme will be given for such Camps, emphasising on providing relief to sufferers of diseases.

Step IV: To launch Yog courses in all the North-Eastern Regions so that appropriate number of trained Yog Experts are available for giving further training, organize Yog Camps, man Yog Centres. (If possible, University recognition)

Step V: To create awareness of other holistic sciences, giving special emphasis to the traditional systems being followed in the NE regions.

Step VI: Programme at Steps III and IV will then be launched in all other States/UTs.

Step VII: To launch Yog courses in other States/UTs (If possible, University recognition)

Step VIII: To organize National Yog Camps for selecting the best Yog Experts to participate in the World Yog Competitions

Step IX: To launch a course Diploma in Holistic Sciences which will cover many traditional therapies and to establish Holistic Health Centres where treatment will be given through traditional systems. (If possible, University recognition).

वर्षों से राष्ट्र की सेवा में समर्पित (C)-01/1270/09-11 www.virarjun.com | dailyvirarjun@gmail.com 25, अंक: 279 नई दिल्ली, मंगलवार, 8 सितम्बर 2009

2 बीर अर्जुन, नई दिल्ली, 8 मितम्बर, 2009

## इटली के टोरीनो में गांधी प्रतिमा स्थापित होगी

विशेष प्रतिनिधि नई दिल्ली। राष्ट्रिया महात्मा गांधी

की जमंती 2 अवट्बर के दिन इटली के नाएगी। यह कार्य अंतर्राष्ट्रीय योग कांकडरेशन के तत्वाधान में इटली में इंडिया फेस्टिक्त के दौरान होगा। यह जानकारी देते हुए कान्फडरेशन के महा-सचिव विजय तिवारी ने बताया कि हाल हो में राजधानी में आयोजित गांधी, योग और विश्व शांति सम्मेलन में यह फैसला किया गया जिसमें केंद्रीय राज्यमंत्री हरीश रावत, सांसदे जय प्रकाश आप्रवाल के आवाता कर्डे विदेशों राजनीयको ने भी भाग लिया। इस सम्मेलन में भाग लेने इटली से कॉन्फंडरेशनं की अध्यक्ष इतालवी महामंडलेंटकर गायत्री देवी के साथ इटली

से एक पांच सदस्यीय प्रतिनिधिनंडल भी आया था। सम्मेलन में समाजीकरण करने में सफलता प्राप्त की है। यह व्यक्ति में टोरीनो ज्वहर में उनको प्रतिमा स्थापित को विजी स्तर पर विद्या धार्मिक दापरों से ऊपर केवल मनुष्य को अपने पर नियंत्रग रख कर संपान के लिए अधिकाधिक उपयोगी बनने का अस्त्र भी है।इस अवसर पर प्रेस महासम्बन श्री अली आदिल खान ने कहा कि इटली से भारत के साथ रिज्ये बहुत पुराने हैं किंतु इन संबंधों में नया आयाम 25 फरवरी 1968 को जुड़ा जब श्रीमती सोनिया गांधी और स्व. राजीव गांधी वैवाहिक सूत्र में बंधे, श्री खान ने बताया कि महात्वा गांधी की मूर्ति स्थापना से न सिर्फ दोनों देशों के बीच संबंध मजबूत होंगे बरिक महात्मा गांधी के सत्य औ अहिंसा का संदेश पूरे विश्व में जाएगा।

देश-विदेश

विविध-समाचार रूस व ताजिकिस्तान की यात्रा को राष्ट्रपति पाटिल ने बताया फलदायक

कार्यकाल के पहले साल हर चौथे दिन विदेश बाजा पर रहे जस्दारी

दिल्ली समाचार नई दिल्ली, गुरुवार 10 सितम्बर

## इटली में स्थापित होगी गांधी जी की प्रतिमा

 गांधी योग एवं विश्व शांति पर सेमिनार

प्रशान प्राम्मण प्रांपारणामां पूर्व प्रशासने परंग प्रशासने प्राप्त प्रशासने प्राप्त प्रशासने प्रशासने

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अब ध्य फिल्मो

मोमवार, 7 मितम्बर, 2009 • दिस्सी • तदनुसार 23 भारपर 2066

सुपरफेन'

मुल्य : क, 2 the unifer field देविक । अंखान : अप्रैट बिकेबी त्या अवस्थान भी तां अस अर्थेट स्टेश कर भी । दिख्ली, जालब्बर, अस्थाला और जयपुर से एक साथ प्रकाशित । The Daily Punjab Kesari, Delhi १ । मूल्य 3.00 रुपए (10 नेपाली रुपए) (हवाई जहाज से 5 रुपए) । पृष्ठ संख्या 12+4-16

पर आरी

7. Seplember 2007 / Monday (Page 5')

#### • इटली के टोरीनो में गांधी प्रतिमा स्थापित होगी

इंडरणी के टीरीनों में मांधी प्रतिमा स्थापित होगी वह दिल्ली, विधारतायां: खहुण्या महामा पांधी कहे करनती : अल्हुबर के लिए इंडरणों के टीपीने सहस में उनकी प्रतिमा करवाधित को आण्यां) मह कार्य अन्तर्राष्ट्रीय ग्रेग कारणकरेशन के ताकावधार में इंडरणें में इंडिया के दिल्ला के दीरान होता। यह कारकारों देते हुए कारणकरेशन के महास्त्रीयक विधार हातीं सम्मीतन में बाह कि कारण हो में राजधारों में अन्तर्राधित कारण में मांधी हरीन सम्मीतन में बाह कारण अक्षा स्थाप कारण विश्वक कारण कारण के हिरानी सम्मीतन में बाह कारण अल्हा कर आण्या कारण विश्वकी सम्मीत के मांधी कारण हाता है सम्मीतन में कारणकरेशन की अभ्या इंडरणें महास्त्रीयांची के आणा मा। सम्मीतन में कारण कि भ्यारत की अभ्या कारणकर्य महास्त्रीयत्रीय की आणा मा। सम्मीतन में कहा नाय कि भ्यारत की ग्रेग किया है। एहं क्यारिक में निर्धी करा स्थाप कहा नाय कि भ्यारत की ग्रेग किया है। यह क्यारिक में निर्धी करा स्थाप स्थारत कर करने में समस्त्रता हम तक करने में समस्त्री करा विधा शामिक दावरों से क्यार केवल मनुष्य की अपने पर निर्धांत्रण स्था कर सम्माव के लिए अधिकारिक उपयोग्ध करने का अस्त्र भी है।



THE DAILY AKHBAR-E-MASHRIQ DELH!

یوگ اور عالمی امن پر بین الاقوا می کانفرنس منعقد اطالوی وفدمهاتما گاندهی کامجسه کیکراثلی روانه

الى وفي ، 1 حجر إلى كليفريش ك حير سوداكيا كالأخر ، يُد تد الدي اللي واكترى 2009 أو إلا عد الى كا فرارية

ر تشر کامیانی ماسل کی جائی ہے۔ ان م پر وقد کے در پردائی ال نے کاک میں سے تعلق والسالیت کی جمعری کا فیروی ام ر اور المراق موقع في فوجوان محمل الدر الميثين في يمن سك منزل سير يرق على عاول خال في الما المناهرو اعال عامين كرواي كالعالم الى كى جدادروك كونست على 25 فردى 1968 كى جدال كوروزوجى دن الداوى ك وشفول ومضوط على عالي كاركار こらりましていたをとりていた こうからこのはらいりりはんかられ

Yog Confederation of India

كالمرض فال وعد وى فى كركر باليك المراج والى عدد عود الى الدون كما ته يمادوانيان ملك والاوراك 上いるようとといっていいかり ころうちゃとれこうとうともの しんかんかんかんからうるとはと かしらしょうんしゃいかん もとうしんんけんける 生とのからないできたといる からえいのとというとしからしい

موضوع بالهد فيات كالتبادكيدان الهدهر شافب كراكر يقيان وفاعام وي مثل العالوي وفدكوا في كالوريز فرك يمرك وال عادمان المعد

ما في الله ي عوان عد إليه يك القال حرد يك عاد كان يك الدما في الله عد الله والله كان كا مدل والدان فرم كالمرس كالقدوية ليداس كالمرس كاستعد جبال عالم اس كي وطفول جي عيرى ان الله وی میا قدا گادی عرفرد دیدی کوجام کے اللہ نے کی مور پایٹ کے رقبی الدریکی SULS==, かららがちした مدارت الى ك ايك خاون الى مدارت الى ك ايك خاون الى بين (Emy-Blesio) كردي عمل جاب مامند عادر کار اول کے ام عبال بال ایس - جماع معلی ایک تعلیدریش کا صدر می ルーロンンを(IYC)といしい 見きしんとうだけのありのからい 6 16 15 50 30 - 6 4 TO STO STORE فراني كم ياد جود عدوا يم فضيت في الم ک جن عل جنب بريش داوت 2 - in is to so LDPCC これでいいのかいかいはいしんかんかん وزيد يا كالذا كا سير محر مد نيون ب ١١٥٠ ل

بفتة والمقبرة ووه وبرط بق حادر مضان المبارك وسوه

## इटली के टोरीनो में गांधी प्रतिमा स्थापित होगी

नई दिल्ली, (संवाददाता): राष्ट्रपिता महात्मा गांधी की जयन्ती 2 अक्तूबर के दिन इटली के टोरीनो शहर में उनकी प्रतिमा स्थापित की जाएगी। यह कार्य अन्तर्राष्ट्रीय योग कान्फडरेशन के तत्वावधान में इटली में इंडिया फेस्टिवल के दौरान होगा। यह जानकारी देते हुए कान्फडरेशन के महासचिव विजय तिवारी ने बताया कि हाल ही में राजधानों में आयोजित गांधी, योग और विश्व शांति सम्मेलन में यह फैसला किया गया जिसमें केन्द्रीय राज्यमंत्री हरीश रावत, सांसद जय प्रकाश अग्रवाल के अलावा कई विदेशी राजनियंकों ने भी भाग लिया। इस सम्मेलन में भाग लेने इटली से कान्फडरेशन की अध्यक्ष इतालवी महामंडलेश्वर गायत्री देवी के साथ इटली से एक पांच सदस्वीय प्रतिनिधिमंडल भी आया था। सम्मेलन में कहा गया कि भारत की योग विद्या ने पूरे विश्व में आत्मिक शांति का समाजीकरण करने में सफलता प्राप्त की है। यह व्यक्ति में निजी स्तर पर शांति स्थापित कर उसका विस्तार समाज तक करने में सक्षम है। योग विद्या धार्मिक दायरों से ऊपर केवल मनुष्य को अपने पर नियंत्रण रख कर समाज के लिए अधिकाधिक उपयोगी बनने का अस्त्र भी है।



### DAINIK JAGRAN

3.09.2009

## 'मानसिक संतुलन के लिए योग का अहम योगदान'

नई दिल्ली, जासं : मशीनी युग में शारीरिक और मानिसक संतुलन बनाए रखने के लिए योग का महत्वपूर्ण योगदान है। योग जो भारत की अनुपम देन हैं आज सारे विश्व में अपने आपको सिद्ध कर युका है। यह बात इटली से आई इंटरनेशनल योग कंफेडरेशन की अध्यक्ष महामंहलेश्वर गायत्री देवी ने कही। वह योग कांफेडरेशन और इंडिया हारा गांधी योग और विश्व शांति विषय पर आयोजित सेमिनार को संबोधित कर रही थी। कार्यक्रम की अध्यक्षता कर रहे केंद्रीय राज्यमंत्री हरीश रावत ने महात्मा गांधी के जीवन पर प्रकाश डाला और कहा कि देश को बेहतर बनाने के लिए जरूरी है हमारे जीवन और सामाजिक कार्यों में जागरूकता लाने की और यह तभी हो सकता है जब हर कोई गांधीजी के आदशौं पर सोचने और चलने का अनुकरण करें। कार्यक्रम में कांग्रेस राष्ट्रीय सचिव अलका लांबा, सांसद जय प्रकाश गोयल ने भी सभा को संबोधित किया। इंटरनेशनल योग कंफेडरेशन की अध्यक्ष अपने साथ आई पांच सदस्याय प्रतिनिधिमंडल के साथ गोधरमउ गांव के दौरे पर भी गई। यह गांव पंतजिल के जन्म स्थान के लिए प्रसिद्ध है। यह पहला मौका है कि जब कोई विदेशी प्रतिनिधिमंडल ने इस गांव का दौरा किया हो।



'गांधी, योग और विश्व शांति' विषय पर आयोजित सेमिबार में कलाकार को सम्मानित करते कांग्रेस की राष्ट्रीय सचिव अल्का लांबा और इंटरनेशनल योग कंपेक्डरेशन की अध्यक्ष गांवजी देवी एमि खोसिखो।

# योग के बल पर ही गांधीजी ने दिलाई आजादी'

नई दिल्ली (संवाददाता)। यह योग ही था जिसको अपनाकर गांधीजी योगपुष्ट्र बने और देश को आजादी दिलाई। लिहाजा, इस मशीनी युग में शारीरिक और मानसिक संतुलन बनाए रखने के लिए योग आवश्यक है। यह कहना है सांसद जयप्रकाश अग्रवाल का। वह यहां गांधी, योग और विश्व शांति विषय पर आयोजित एक सेमिनार को संबोधित कर रहे थे।

योग कंफेडरेशन ऑफ इंडिया द्वारा आयोजित इस कार्यक्रम को संबोधित करते हुए केंद्रीय श्रम राज्यमंत्री (स्वतंत्र प्रभार) हरीश रावत ने कहा कि योग में अनेक विशेषताएं हैं, जिसे अपनाकर विश्व शांति में अहम भूमिका अदा की जा सकती है। सभी वक्ताओं ने योग



और विश्व शांति में गांधीजी के योगदान को याद किया। समारोह में इटली से आई इंटरनेशनल योग कंफेडरेशन (आईवाईसी) की अध्यक्षा महामंडलेश्वर गायत्री देवी, स्वामी सूर्यानंदजी, आईवाईसी के महासचिव विजय तिवारी और इटली से आए पांच सदस्यीय प्रतिनिधिमंडल ने भाग लिया। इस अवसर पर ग्लोबल ओपर यूनिवर्सिटी, नागालैण्ड के चांसलर प्रो. प्रियरंजन त्रिवेदी, युगाण्डा की उच्चायुक्त निर्मिषा जे माधवानी, स्लोवाक रिपब्लिक के काउंसलर इगॉर मैलिसिक, पूर्व सीबीआई महानिदेशक कार्तिकयन, यशोवर्धन आजाद, विक्रम दत्त, लक्ष्मी ठाकुर सिंघल आदि उपस्थित थे। कार्यक्रम में गांधी, योग और विश्वशांति की विचारधारा के प्रचार-प्रसार में लगे लोगों को स्मृतिचिन्ह प्रदान किया गया।





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